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ARTHUR LEMBECK'S CROSSOVER, CARDEROCK, MD.

By Paul Bradt

Back in 1940, before the war-time elimination of government Saturday vacations, the gang had their weekly climbs on Saturday afternoons. This arrangement avoided conflict with Sunday Trail Club trips. Also such Saturday trips were often spontaneously extended to include Sunday or plans were arranged for the following day in a way impossible with the present system.

June 22 was one such Saturday. Arthur and I were primed for one of those delightful trips with which the Mountain Club of Maryland varies their hiking schedule,—the 27 mile walk along the Appalachian Trail across Maryland. As evening approached I was impatient for Art to leave Carderock so we could get to Pen Mar before midnight, but he kept doggedly trying to complete the traverse from A to L. Finally, on about the ninth try, he got across and all went well.

The starting point is on a very satisfactory shelf under an overhang. No one can say just where this shelf vanishes but there certainly isn't the least hint of one when the vertical break is reached. Beyond this break a fingertip roughness is reached with the right hand. The left hand is shifted so that its palm presses rightward against the side of the break and the right hand extended to other small holds to make room for the left hand on those vacated. A wide forward swing with the legs should put the left foot on some small quartz knobs that form part of a curved trace up the cliff. This footing lightens the strain on the fingers and the hands are advanced toward the stance in notch L.