



Up the Nose

NEWS OF THE P.A.T.C. MOUNTAINEERING COMMITTEE
1916 Sunderland Place N.W., Washington 6, D. C.

FOUNDED BY
JAN AND MERS CONN

PRICE
5 CENTS PER COPY

Vol. XI, No. 19

October 9, 1955

COMING EVENTS

- 16 October- Bull Run Mt., Va. Details below.
- 23 October- Great Falls, Va. Opposite the Fish Ladder.
- 25 October- MEETING Arnold Wexler will give an illustrated talk.
Details below.
- 30 October- Boucher and Eagle Rocks, Va.

* * * * *

BULL RUN MOUNTAIN TRIP

Leader is Ken Karcher. Directions: Take US 50 beyond gap in Bull Run Mountain, turn right on first road. Follow road until opposite the climbing area, park, and bushwack up the hill. Ken will leave from his apartment and should be among the first there, so look for a black Nash. Bring drinking water! If you need a ride or can take passengers call Ken at JA 2-5372. There will also be someone at the Hot Shoppe, LEAVING AT 8:30, to direct those not familiar with the area.

* * * * *

ARNOLD WEXLER TALKS

Arnold Wexler will give an illustrated talk on "Ascents in the Logan Mountains" at the Board Room, District Building, 14th and E Street, NW, on Tuesday, October 25 at 8PM.

This is a relatively new mountaineering region in the Canadian Northwest Territories. Arnold made many first ascents in the area this summer and has a superb collection of Kodachrome slides to show.

Refreshments will be served following this regular P.A.T.C. meeting which will take the place of our October meeting.

* * * * *

THE SEPTEMBER MEETING

A capacity crowd filled the Scoredos' living room to hear Andy Kauffman give an exciting account of his climbing in the Cordillera Blancas in Peru this summer. He also showed some excellent color slides of the local people and the mountains.

Our thanks to Andy and to the Scoredos for their hospitality.

WHO SHOULD BELAY??

We may have an enviable safety record and it is due, in no small part, to our insistence that any climber seconding another must be an accomplished belayer. We

We get the necessary belay practice by catching "Oscar" on his endless tumbles from the tree at Carderock. This is good - it establishes the conditioned reflex of the holding hand which never leaves the rope and which whips across the body at the first feel of a fall. Unfortunately, some people don't acquire this reflex action. They may be capable of scaling the most difficult climbs but will unconsciously remove their holding hand from the rope or be distracted in other ways.

We try to "ride herd" on each other - watching to detect these slips and correct them.

The more experienced climbers have observed the techniques of those with whom they climb and consequently are positive of their second man's ability to belay properly. The many novices in our group however, are the most likely to fall and the least able to judge who can safely belay them. Before climbing, novices should check with the trip leader or our chairman, Jane Showacre, to find out who are capable belayers.

By the experienced climbers continuing to "ride herd", we will be able to prevent senseless accidents.

UP ROPE, published by the Mountaineering Committee of the Potomac Appalachian Trail Club, 1916 Sunderland Pl., N.W., Washington 6, D.C.
EDITOR - John Christian; BUSINESS MANAGER - Dr. William Welsh, Rockville Maryland. Please send new subscriptions and renewals to him. Subscription: \$1.00 for twenty issues.
