

FOUNDED BY
JAN AND HERB CONN

NEWS OF THE P.A.T.C. MOUNTAINEERING SECTION

1718 N Street, N.W. Washington DC 20036

Volume 40

JUNE 1986

Number 6

BASE CAMP

The 14 May Mountaineering Section meeting was brought to order by Stuart Pregnall who began with PATC council meeting notes: the guidebook to Great Falls will be reprinted; PATC is looking for someone who can make trail signs for the many unmarked paths as well as someone to work at headquarters during the day. A work trip to Bull Run will be scheduled to make a trail to the cliffs and those interested in climbing may obtain a key to the gate from Stuart Pregnall or Charlie Dorian. An upcoming worktrip to the Nelson House (May 31, June 1) promises an exciting weekend, including the famous chimney belay for roof painting. Call Nori Gessler for details.

A short summary of the special April meeting reaffirmed the club's desire to continue all its activities. The liability committee suggested we have a release form to lessen our exposure in the event an accident occurs during a club activity. Copies of such forms used by other organizations are being

reviewed to help draft a form suitable for the Section. A suggestion was made to increase publicity. A pamphlet stating our function could be written in an eye-catching way and distributed at local climbing goods stores. After several newcomers introduced themselves, Bob Well's slides on ice in Canada were shown. From chopping through ice caves

to vertical approach climbs to rappelling off of pieces of electrical cable conduit, a variety of techniques were pictured and even those who had never been on frozen waterfalls could feel the ice chips falling onto the face as the tools were adeptly placed.

HANGING AROUND

Annapolis Rocks, May 4. Claire and Nori abrogated their responsibility as trip coordinators, one funhogging at the Gunks, the other getting lost for hours in the backcountry of Maryland.

All the usual intimidatingly overhung climbs were rigged when Annie and I finally showed up--Pine Tree Crack and the difficult face to

PATC. MOUNTAINEERING SECTION

Chairman: Stuart Pregnall 202/338-6140
 Vice Chairman: Pete Grant 703/960-6033
 Secretary: Selma Hanel
 Treasurer: Karen Roussell 202/338-6140

Training & Safety: John Teasdale 301/262-9128
 Climbing: Stuart Pregnall 202/338-6140
 Expeditions: Ed Cummings 301/933-1457
 Prog. & Entertain.: Paul Torelli 301/299-8039
 Memb. & Hospitality: Joe Wagner 202/966-6379
 Conservation: Charlie Dorian 301-946-2373
 Publicity: Rich Cunningham
 Nelson House: Nori Gessler 703/524-2068
 Carderock Conserv.: Janet Young 202/966-9091

UP ROPE

Nori Gessler, Editor 703/524-2068

Up Rope is published monthly, except during August, by and for members of the Mountaineering Section of the Potomac Appalachian Trail Club of Washington, D.C. Editorial contributions are welcome and should be sent to: Editor, Up Rope, Mountaineering Section, PATC, 1718 N Street, N.W., Washington, D.C. 20036 before the 20th of each month.

the right of it; an easier climb on the arete to the left; and a tricky climb to the right of the chimney, requiring lots of Eakin-style heelhooks and fancy little hand jams.

At the end of the day, when gorilla quotient was waning, we set up Faint's Roof. Those who had been rigorously doing their pullups managed the roof quite well. Others of us winged off in the most extravagant fashion. (Faint's Roof prompted me to rush out and buy a pullup bar for my bedroom door.)

Participants included: Anne Baron, Rich Cunningham, James Eakin, Howard Felber, Tom Isaacson, Marcy Logan, Art Karp, Tom Russell, Joe and Michael Nye, Stuart Pregnall, Annie and Nori Gessler.

REVIEWS**HARDWARE/SOFTWARE**

Mountain Experience: The Psychology and Sociology of Adventure. Richard G. Mitchell, Jr. The University of Chicago, 1983 (hardcover), 1985 (paperback). 272 pp, \$10.95.

If you're interested in gripping tales of unprotected 5.13's or blizzard-blown 8,000 meter peaks, skip this book. On the other hand, if "climbing" as a human phenomenon interests you, then Mountain Experience is a book you'll want to read thoroughly.

Richard Mitchell is a sociologist/climber with an observing eye. He has broken down climbing into several distinct yet related social and psychological stages, and has attempted to explain how each fits into climbing as a whole. Finally, and throughout the book, Mitchell seeks to fit "climbing" as an activity into the greater whole of social-psychological interactions known as "society".

Without quibbling over little matters, Mitchell makes some rather provocative arguments concerning who climbers are and why we climb. In fact, this is a useful companion to Tejada-Flores' Games Climbers Play, which describes what we do.

Central to Mitchell's reasoning behind why we climb is a phenomenon defined as the "flow experience." Briefly stated, "flow" is achieved when the action and awareness of a specifically created task chosen from a range of uncertain results become merged. In one syllable words, climbers achieve "flow" when we challenge ourselves to an uncertain outcome (can I do this crux?) and devote our full capacity, skill and technique to climb, so much so that our awareness of what we are doing and the actual climbing are merged. Think back to the last really satisfying route you did and see if you can find "flow" in the experience. Another reviewer panned "flow", saying that all it really means is having fun. This is plausible, albeit rather simplistic. Flow is clearly available to every climber at every level, since the challenges and abilities are matched to achieve it.

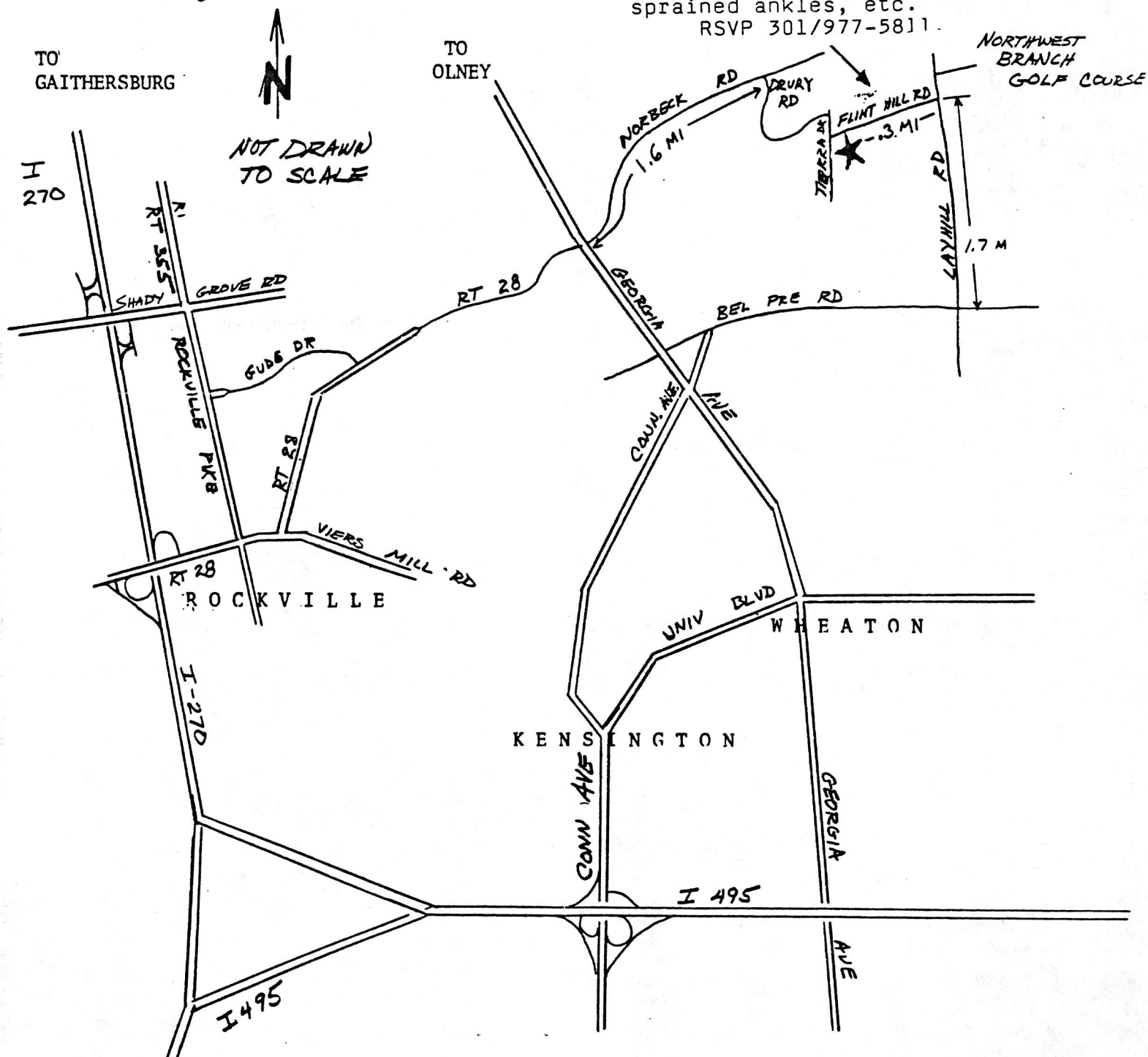
If all this sounds a bit too far-fetched or just plain uninteresting, you might be surprised. Mountain Experience has enough substance to provoke the reader into grinding his mental gears, and it's written in a style that is readily understandable. It may become one of the more esoteric books in climbing literature, but it shouldn't. It deserves a larger appreciative audience.

- Stewart Peggall

SECTION PICNIC SCHEDULED

James Eakin is again hosting our annual Section picnic and swimming party Saturday, June 28. Bring one dish for the potluck dinner. Party begins at noon at 2000 Flint Hill Rd, Silver Spring, MD (See map). EMTs will be standing by on the volleyball court to administer first aid for broken bones, sprained ankles, etc.

RSVP 301/977-5811.



Mountaineering Section Members

Page 1

NAME STREET WORK PHONE	CITY HOME PHONE	STATE	ZIP
David and Marta Luz Atkinson 6901 Lochlomond Drive 202-634-8267	Bethesda 301-320-2897	MD	20817
Donald L. Barnett 1111 Army Navy Drive, Apt. B1412 202-695-3535	Arlington 703-521-0528	VA	22202
Anne Baron 15247 Lodge Terrace 202-223-4001	Woodbridge 703-670-5233	VA	22191
Gary F. Bell 8713 Contee Road #201 301-859-6590	Laurel 301-776-0391	MD	20707
Betty and Ronald Bell 89 Peck Hill Road	Woodbridge 203-387-3815	CT	06525
Alden Bestul 9400 Overlea Drive	Rockville 301-674-2436	MD	20850
Barry Bishop 6804 Millwood Road 301-229-0156	Bethesda 301-229-6799	MD	20834
Kevin Bond 5949 Havener House Way 703-648-6352	Centreville 703-471-4668	VA	22020-3209
Jeff and Patti Brown 404 Rockholly Road 304-343-7176	Charleston 304-344-0888	WV	25314
Elizabeth & James Bullard 17107 New Hampshire Ave.	Ashton 301-833-1890	MD	20861
John Christian 6502 Ridge Drive 301-986-1243	Bethesda 301-986-1243	MD	20816
Greg Christopoulos 647 North Abingdon Street 202-566-5666	Arlington 703-528-2164	VA	22203
Jan and Herb Conn Route 3, Box 93	Custer	SD	57730

Mountaineering Section Members

Page 2

NAME STREET WORK PHONE	CITY HOME PHONE	STATE	ZIP
Bruce Cox M. R. 1, Butler Road 412-274-4870	Springdale 412-274-4870	PA	15144
Ian S. Cruickshank P.O. Box 27, Green Hill Road	South Chatham 603-694-3003	NH	04037
Ed Cummings and Clair Witt 9316 Ewing Drive 632-9288 (Ed) (Clair)	Bethesda 301-530-6806	MD	20817
Richard John Cunningham 1830 17th Street NW #201 301-897-7095	Washington 202-332-7931	DC	20009
Wayne Curtis & Miriam Chilton 1715 15th Street NW #17 202-463-2467(W)/202-872-3907(M)	Washington 202-234-5088	DC	20009
Dave Dantzler 117 4th Street SE	Washington 202-546-0979	DC	20003
Charlie Dorian and Gretchen Schwartz 3106 Dawson Ave. 301-946-2373	Wheaton 301-946-2373	MD	20902
Jerry Draney 6011 Haverhill Port 566-9526	Springfield 703-451-9394	VA	22152
Jonathan G Dunn 3305 16th Street NW 202-376-8436	Washington 202-387-6703	DC	20010
James Eakin 407 Muddy Branch Road, Apt. 204 301-227-2483, 1033	Galthersburg 301-977-5811	MD	20878
Mark England 5827 Pin Oak Commons Court	Burke 703-250-4813	VA	22015
Cathy Fehrenbacher 1100 6th Street SW #603 202-382-3640	Washington 202-488-8758	DC	20024
Joseph K. Felker 3709 S George Mason Drive 1506-E	Falls Church 703-931-6843	VA	22041

Mountaineering Section Members

Page 3

NAME STREET WORK PHONE	CITY HOME PHONE	STATE	ZIP
Howard Fenton Jr. 7598 Gates Court #003 202-377-8067	Manassas 703-369-2793	VA	22110
Roland & Rosalind Fenz 6659 Chilton Court	McLean 703-821-2740	VA	22101
Michael Fisher 3600 N 22d Street 202-463-7575	Arlington 703-525-2024	VA	22207
Peter Gardiner Jalan Salemba Raya 4	Jakarta, Indonesia		
Robert Gasser Box 3446 202-981-3217	Andrews AFB 703-548-4710	MD	20331
Nell Gehrels 8616 57th Avenue 301-344-6546	Berwyn Heights 301-345-6214	MD	20740
Lorenzo Geich 3113 W 5th Street	Frederick 301-694-7815	MD	21701
Nori Gessler 2001 North Adams St., Apt. 1029	Arlington 703-524-2068	VA	22201
Lory Gordon 3803 VanNess St NW 703-235-2141	Washington 202-966-4244	DC	20016
Pete Grant 3003 Elmwood Drive 695-5914	Alexandria 703-960-6033	VA	22303
Ronald Greger 12105 Darnestown Road 301-948-2909	Gaithersburg 301-963-1920	MD	20878
Walter A Grissett Jr 15112 Carlbern Drive 235-8521	Centerville 703-830-4784	VA	22020
Paul & Anne Guthrie 100 Stonegate Drive	Silver Spring 301-384-2961	MD	20904-5705

Mountaineering Section Members

Page 4

NAME STREET WORK PHONE	CITY HOME PHONE	STATE	ZIP
Martha Hale 886 College Parkway, Apt. 302 202-295-1358	Rockville 301-782-4769	MD	20850
Selma Hanel 31 Brinkwood Road 202	Brookeville 202-554-1583	MD	20833
Jeanette Helfrich 8717 Sundale Drive	Silver Spring 301-585-9119	MD	20910
Donald Hubbard 3 Fairfax Court, Apt. 1	Chevy Chase 301-656-4368	MD	20815
Thomas Adam Isaacson 1510 P Street NW #3 383-6558	Washington 202-332-3710	DC	20005
Terry Jach 3440 39th St., NW, Apt. F-696 301-921-2052	Washington 202-244-2049	DC	20016
David M Jackson 301 N Beauregard St #512 664-5658	Alexandria 703-642-9285	VA	22312
Richard Jacob 2829 Connecticut Ave NW #312	Washington 202-234-0501	DC	20008
Barbara A. Jensen One York Court 539-0872	Baltimore 301-467-4611	MD	21218
Brian Kalten 1112 A Pennsylvania Ave. SE 202-357-1590	Washington 202-544-1590	DC	20003
Arthur Karp 2107 S. Arlington Ridge Road 558-2101	Arlington 703-521-7423	VA	22202
Andrew John Kauffman 2800 Woodley Road, NW, Apt. 438	Washington 202-797-8382	DC	20008
James W. Kerr P.O. Box 366	Winterpark	FL	32790

Mountaineering Section Members

Page 5

NAME STREET WORK PHONE	CITY HOME PHONE	STATE	ZIP
Priscilla Kingman 1115 High Country Road 301-278-6047	Towson 301-825-0321	MD	21204
John E Kirby 2320 N Kentucky Street 241-2441	Arlington 703-533-7432	VA	22205
June Lehman 1020 Moorefield Creek Road	Vienna 703-281-3955	VA	22180
Barbara Ann Llewellyn 4209 Aspen Hill Road	Rockville 301-871-6197	MD	20853
Marcy Logan 1767 Swann Street, NW	Washington 202-332-6116	DC	20009
Lloyd E MacAskill 5525 Ventnor Lane 301-459-3100 X 202	Springfield 703-978-4070	VA	22151
Brian Mannix 612 N Filmore Street	Arlington 703-534-0218	VA	22201-2027
Syl Mathis 16801 Westbourn Terrace 301-537-6468	Gaithersburg 301-948-2147	MD	20760
Robert Allen McCracken 218 N Gordon Road	Ft. Lauderdale 305-523-3321	FL	33301
Gerald McDonald 7811 Langley Ridge Road 631-2670	McLean 703-734-9742	VA	22102
Thomas McKenna 19137 Dowden Circle	Poolesville 301-972-8739	MD	20837
George A. Merriam 10501 Montrose Ave. 301-496-6994	Bethesda 301-493-5484	MD	20814
Mark C. Murton 5314 Martinique Lane 703-960-4600 X510	Alexandria 703-971-4489	VA	22310

Mountaineering Section Members

Page 6

NAME STREET WORK PHONE	CITY HOME PHONE	STATE	ZIP

Mr. Charles S. Nelson P.O. Box 97	Circleville	WV	26804
Joe and Stevie Ney 711 Smallwood Rd.	Rockville 301-762-7311	MD	20850
Peter Perenyi 1219 Linden Place NE	Washington 202-398-5462	DC	20002
Mary Ann Perozzo 634 S Carolina Ave SE	Washington 202-543-5186	DC	20003
Vicki Peterson 2129 Bancroft Place, NW 202-298-2678	Washington 202-232-7659	DC	20008
Lee Porter 2001 N Adams Street	Arlington 703-524-5563	VA	22201
Stuart Pregnall & Karen Roussel 214 13th Street SE #2 202-225-1225	Washington 202-543-3988	DC	20003
Marjorie Prochaska 431 East Columbia Street 638-5307	Falls Church 703-532-6184	VA	22046
Jack Pyon 1939 Kenn Drive #101	McLean 703-448-9886	VA	22101
Michael Rampino PSC Box 20006	Wright-Patterson AFB OH		45433-5000
Kathy Reblbo 2417 Falls Place Ct.	Falls Church 703-241-7497	VA	22043
Brian G. Rennex 2417 Falls Place Ct. 301-921-3195	Falls Church 703-241-7497	VA	22043
Alan Rosen 655 Genesee St	Annapolis 301-268-5871	MD	21401

Mountaineering Section Members

Page 7

NAME STREET WORK PHONE	CITY HOME PHONE	STATE	ZIP
Thomas J. Russell 10005 Maple Leaf Drive 301-921-3621	Gaithersburg 301-869-8058	MD	20879
Donald F. Schaefer N.E. 925 B Street	Pullman	WA	99163
Peter M. Schumann 11653 Stone View Square #22C	Reston 703-591-5697	VA	22091-2922
Chris Scoredos 6804 32d Street NW	Washington 202-966-2843	DC	20015
Jonathan Scott 5504 Hoover Street 202-638-1196	Bethesda 301-530-0857	MD	20817
William T. Scott Jr. 3118 Evergreen Way	Ellicott City 301-988-9003	MD	21043
Jane Showacre 9225 Annapolis Road 496-1696	Lanham 301-577-0604	MD	20706
E. Leo Slaggie 6358 Lakewood Drive 634-3224	Falls Church 703-256-4820	VA	22041
Jack P. Smith & Raisa Scriabine 3411 O Street NW 202-887-7272	Washington 202-337-6076	DC	20007
William Smith Route 1, Box 575	Purcellville 703-668-6928	VA	22132
William L. Sollee 7200 Pyle Road 393-7600	Bethesda 301-229-5668	MD	20817
Richard R. Stearns 1201 Jefferson-Davis Hwy #908 703-557-3200	Arlington 703-920-5881	VA	22202
William D. Straub 211 Glenfield Drive	Pittsburgh	PA	15235

Mountaineering Section Members

Page 8

NAME STREET WORK PHONE	CITY HOME PHONE	STATE	ZIP
Gordon and Eric Swenson 14 Biscayne Place 202-887-7503	Sterling 703-430-2869	VA	22170
Jacques Tamisier 4101 Reservoir Road NW 202-944-6000	Washington	DC	20007
John Teasdale 12100 Maycheck Lane	Bowie 301-262-9128	MD	20715
Thomas N. Thomas 5811 Jane Way 202-692-6462	Alexandria 703-922-8912	VA	22310-1202
William C. Thomas 5906 North 19th Street 692-2420	Arlington KE6-7948	VA	22205
Paul Torelli 8192 Inverness Ridge Road 202-692-6241	Potomac 301-299-8039	MD	20854
Elizabeth Vos P.O. Box 569	McLean 703-356-7765	VA	22101
Joe H. Wagner 4528 Windom Place, NW 202-966-6379	Washington 202-966-6379	DC	20016
Chuck and Margaret Wettling RD#8, Box 382 717-784-9583	Bloomsburg 717-784-4043	PA	17815
Arnold Wexler 10401 Grosvenor Place, Apt. 1514	Rockville 301-493-6965	MD	20852
Nathan Wilkes 8805 Straus Ct	Springfield 703-451-6599	VA	22152
Ted Wolanski Jr 153 Sickletown Road 914-577-3264	West Nyack 914-358-3096	NY	10994
Janet Young & Harold Goldstein 5421 31st Street, NW	Washington 202-966-9091	DC	20015

CLIMBER'S CALENDAR

For program information, call PATC tape (202/638-5306 during daytime; for trips call the leader or Tom Russell (301/869-8058). Day trips to top rope or short multipitch climbs require no partner. Weekend trips (identified with an asterisk*) are to lead climbing areas. Please arrange for your own climbing

June 1	Caudey's Castle, WV	Pete Grant	703/960-6033
June 7	Basic Climbing Course		
	Gordon Swenson		703/430-2869
June 7	Harper's Ferry, WV	*	
June 8	Bull Run, VA	*	
June 11	Monthly Section Meeting, PATC HQ, 8:00		
	David Atkinson: Climbing in South America		
June 14	Vaso/Herzog Is, MD	*	
June 15	Annapolis Rocks, MD	*	
June 22	Great Falls, MD	*	
June 28	Section Picnic, 2000 Flint Hill Rd		12:00 - ?
	James Eakin		301/977-5811

Up & Over

1718 N St NW
Washington, D. C. 20036

ADDRESS CORRECTION REQUESTED

