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NEWS OF THE P.A.T.C. MOUNTAINEERING SECTION

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BOOK REVIEWS

by Stuart Pregnall
Glacier Travel and Crevasse
Rescue, by Andy Selters, 1990,
The Mountaineers Books, Seattle,
\$12.95, 160 pp, Illustrated

In 1978 I climbed Mount Rainier with a good friend. It took two attempts; weather foiled the first. On the second try, we followed for a short distance our descent route from ten days before. I was horrified to see the number of times our steps were interrupted by coldly gaping crevasses. Steve's remark: "We'd have been OK if you'd fallen in, but I think we'd have been in trouble if I'd fallen in..." As it happened, a few days later I rappelled into the creaking maw of a huge crevasse. A warm front outside was slowly melting the fresh snow on the edges, the dripping water creating the impression of a slathering beast's jaws. Even though I had double checked the knots in the ends of the ropes, half way down I still couldn't believe that I had voluntarily agreed to such folly. It's a situation that I won't forget... Not any more. Selters' book solves all the problems (as long as you read and follow his instructions!). No more tangled ropes, no more fumbling with coils, no more confusion about Z-pulleys and

Double Z-pulleys. It's all made simple, with straightforward diagrams to help understand the text. This doesn't mean that crevasses and their dangers should be considered trivial; they aren't. But Selter's text provides a clear education for climbers likely to expose themselves to crevasse dangers, and this knowledge improves a climber's odds in the event of a mishap. Selters starts out with a simple discussion of what glaciers and crevasses are. He then follows up with an excellent chapter on how to travel safely on glaciers. In case you fail to completely understand that section, the next chapter involves crevasse rescue. Some final information rounds out the book, including a brief discussion of the benefits and drawbacks of hauling a sled. Since many MS members have expressed renewed enthusiasm for the greater ranges, it would appear that this particular book should be required reading. I found it to be an extremely clear refresher. If anyone decides to arrange for a crevasse rescue course this year, this should be the text to work from.

Exploring Idaho's Mountains, by Tom Lopez, 1990, The Mountaineers Books, Seattle, \$16.95, 300 pp, Illustrated.

Idaho holds some of the last true mountain wilderness areas in the lower 48 states. The last time I was in the state, we had camped one night along Cougar Creek, a tributary of the South Fork of the Clearwater River. It was a pretty sleepless night; a friendly ranger had stopped by and warned us that some grizzlies had been relocated to the area because they wouldn't stop nibbling on humans elsewhere. Where we were camped was far enough away from anyone to justify releasing these bears with little worry that they'd continue their ways. Until we'd come along to entice them. We left very early the next morning.

With the publication of Lopez' book, the remote mountains are now accessible to climbers on a time budget, and the more accessible peaks are even more so. Lopez gives great information on how to find, get to and climb Idaho's beautiful mountains. And even though not all the routes are technical (most are scrambles to moderate fifth class) it never seems to matter once you're sitting on top of a hill. To begin with, this is the sort of book that

The Mountaineers Books do so very well. Lots (and I mean lots) of well-organized information is laid out so the reader can thumb through and daydream of mountain conquests. Lopez dispenses with detailed discussions on techniques, equipment, etc. This is not a "how to" book. He assumes you're a climber and are capable of taking the right gear and finding your way about the hills off the beaten path. The peaks are arranged geographically, and height, description, route information, and USGS references are given for each one. What more could you ask for! Luckily, if you are pressed for time and want to get the most out of your vacation, each geographical grouping has a separate summary that describes the area and what you can expect. This makes it much easier to plan a brief or extended stay in Idaho from afar. If you're looking for somewhere to climb that isn't crowded, has lots of challenging climbing, and has a good guidebook, then look no further. But Idaho's Mountains will surely change the uncrowded status somewhat, so get there early!

BUOUX 1990 (France trip, part two) by Tom Isaacson
I had been led to believe that Buoux is, along with the Verdon Gorge, one of the two best rock climbing centers in France, if not all of Europe. After leaving Verdon, where John Rayner and I spent our first week of vacation, I had very high expectations for Buoux. Everything considered, I was mildly disappointed.

Buoux reminded me somewhat of the New River Gorge except that, unlike the New, the climbs at Buoux seemed very hard for the ratings. It may seem

unfortunate to travel to France, have an international climbing experience with friends, and yet worry about the ratings of climbs. However, in my defense, the climbs at Buoux are so incredibly alike that they have little to differentiate themselves except for the ratings. Without checking my notes, I could not have named more than three routes we did at Buoux. I have the same problem after a trip to the New. By contrast, virtually every Yosemite and Tuolumne route I've ever done stands distinctly in my memory. Although Buoux is several hundred feet high, perhaps the size of the Trapps, most routes ascend only to ledge systems about 75 feet up. Top-rope/rappel anchors ("moulinettes") permit a quick descent from there. The main cliff at Buoux seemed about one mile long. John and I did a bunch of climbs in the 5.10 range (6a-6b), including: Devers Gonde, GVB, Le Vaisseau de Pierre, Poupon la Peste, Kadjet Tropic and Endeavor. Our best effort was flashing Bienvenue sur Aflolol (6b/c). Our worst effort was repeatedly failing to lead Zarathustra, which must be the world's hardest 6b. There were a few leader falls along the way, but nothing serious.

I spent one day at Buoux with Andy and Alison Cairns while John handled some administrative matters in Marseille. Andy and Alison are the Scottish/British couple with whom Stuart and Karen traveled the American West a couple of years ago. We did La Lym (6a+), La Gibotiere (5b), La Calfouette (5c), La Derive des Incontinents (6a/b) and Ring' Art (6b). I was then pleased with my lead of L'Afrique Physique (6b). Most of these climbs start as near-vertical face climbs on one- and

two-finger pockets. Near the top they ease back to a lower-angle slab. The transition point is usually the crux of the climb. At that point your hands are on the poorer holds on the slab and your feet are out of sight below the bulge. Falling at that point, as I did several times, means whacking your stomach on the bulge. After the triumph on Afrique Physique, I tried to move up a notch and lead Podium (6c). Somewhere near the crux between the third and fourth bolts I totaled my right ring finger, which still has not completely healed six months later. Thus ended, for me, the rock climbing portion of the European vacation. John returned to spend a good day climbing at Orgon with Andy and Alison. John and I learned a few tricks during our trip to Buoux. Unlike American climbers, the French apparently do not consider climbing a tree at the start of a route to be cheating. It took us many tries to figure out that the start to a particular moderate route began in the tree, not on the rock. Of course, leaping from the tree onto a thin face is still a fairly challenging move. We also taught some of the others how to stick-clip a bolt. Andy Cairns took particular advantage of this advice after he spent 15 minutes on one route trying to climb to the first bolt without making the necessary commitment. Andy outwardly protested the stick-clip but seemed quite willing to avail himself of it.

John and I spent one late afternoon in a photo session on Chouca (5.13d). It seems incredible that people actually climb this thing. I did manage to make one move on this route while John worked the camera.

Although Buoux does not have the scenic beauty of Verdon, it is

located in a very pleasant area northeast of Aix-en-Provence. We stayed in the village of Apt, which is quite charming. The hotels are cheap, although most climbers stay in the campground. The ancient little town of Bonnieux deserves a stop after a day at the cliffs. Of course, climbing with Brits makes a post-climb beer stop a necessity. Buoux has several of the world's hardest climbs. We found, however, that most climbers shared our focus on the 5.10 routes. Most of the other climbers were very friendly and light-hearted. The antics of a group of British youths, displaying their lock-off power on a nearby tree, discussing the musical skills of Jesus Jones and expressing deep concern over whether one of their members had been employed in a confectionery, were especially amusing. Their joyous screams of "lock-off" seemed to resonate along the crag for a few days. Most of them struggled on 5.9 and their strongest climber seemed more concerned with his tan than actually climbing. Perhaps he knew something about Buoux that the rest of us would take far longer to learn.

Product Review --

Casio Digital Barometer by
Charlie Dorian

As someone who likes gadgets and instruments, I couldn't resist the Casio 510 Digital Barometer and wristwatch. It's a great adult toy, but I was curious to know if it could be used for serious mountaineering. Its functions include day-date-time, barometric pressure trend, barometer, altimeter, depth meter, various time alarms, countdown timer, and stopwatch. The day-date-time, alarms, countdown timer

and stopwatch are similar to those on other Casio watches and are probably familiar, so I'll only describe the barometer stuff. A thorough instruction booklet (imagine a watch that needs an entire booklet!) describes each function. Alas, the booklet is set in agate type, which is difficult to read, and has some annoying errors. In compensation, however, it is bilingual (English/Spanish), and includes a supplement on using an altimeter. The barometer is calibrated in millibars (standard sea level pressure is 1013 mb). Its range is 610 mb to 1050 mb; the smallest change is one mb. It has a reference memory which you can use like the red line on a dial altimeter to spot rising or falling trends. Once started, the barometer measures the air pressure at nine sec intervals (each measurement takes about two sec) for the first five min, then at one min intervals until it reverts after 30 min to the time display. (I suppose this is done to save battery power.) The altimeter is calibrated in feet. Its maximum is 13,120 ft (4,000 meters), minimum is -13,120 ft; the smallest change is 20 ft. Like any altimeter, you first set it to a reference altitude, then it measures the air pressure and converts that into the altitude. (An analog altimeter uses cams and gears; a digital altimeter uses look-up tables and interpolation.) It automatically records your maximum height and also has an altitude alarm. Like the barometer, it initially measures at rapid intervals and then at slower ones until the display returns to the time. The depth meter, which assumes you're using the watch in salt water, measures to 100 ft. It has a depth alarm, but I'm not sure how it would sound underwater! It cost me about \$80 at Evan's, a

catalog showroom store. For comparison, at REI, an analog Thommen costs \$197, a digital Ultimeer \$165. How good are the altimeter and barometer? Since altitude is calculated from a difference in barometric pressure, the accuracy of the barometer is paramount. I checked that by comparing a record of the readings of both the Casio and my Swiss Thommen altimeter over a number of pressures and temperatures. The pressures agreed except that the Casio is moderately sensitive to the temperature. My watch's sensitivity is 0.5 mb/deg C; if it were uncompensated, the sensitivity would be 3.5 mb/deg C. The manual claims that sensitivity will be less than 2.2 mb/deg C. (One mb difference is about 25 ft near sea level.) Of course, the watch is designed to be worn next to your skin, so your constant body temperature will provide additional stabilization. However, I found that the summer sunlight heats it up (the watch is black), as does exercise. As a check, I set the altimeter at my house (380 ft) and hiked up to the summits of Old Rag (3,280 ft) and Sugarloaf (1,280 ft). The altimeter agreed with the contour map elevations. The watch is physically large. Its buttons are large, visible (yellow) and waterproof. The pressure trend function plots only increase, decrease or no change every three hours for the last 18 hours, so the graph is easy to misread, and the temperature sensitivity means I can't take the watch off my wrist at night and still have accuracy. So the plot is interesting, but not very useful in predicting the weather from one day to the next. I would like to have the altitude and depth in meters or feet, and the pressure in inches or millimeters of mercury or mil-

libars -- selected by me. Is it an acceptable substitute for a real altimeter? Well, I'd really like it to sell for \$30, to be fully temperature compensated, to be good to 7,000 meters, and to use the same units as any map I'm using. (I make mistakes easily when I'm tired and breathing heavily). On the other hand, it is handy and lightweight, its small size makes it easy to use (don't need to dig it out of a pocket), and it has a long battery life. Rare are 4,000 meter peaks East of the Mississippi, and I haven't needed my altimeter above that in the Alps. Until I get more experience, guess I'll just have to bring 'em both along!

TRIP REPORTS

by Stuart and Karen Pregnall
Penitente Canyon, Colorado

A fortuitous combination of events led us to visit this remote jewel in southern Colorado. Between Rich Cunningham and Judy Harper's wedding, and access problems throughout Colorado, we decided that a visit to Penitente was called for. Penitente Canyon is off the beaten path, to say the least. Located in the lower San Luis Valley, the nearest town of any size is Monte Vista, about 25 miles away. The drive down from the Boulder/Denver area is fast and beautiful. Luckily, camping is casual and basic food can be bought at a small general store at La Garita, about two miles away.

Although Penitente's fame and fortune have been due to some high-quality, high-end routes, we climbed there two days and enjoyed 5.9 and 5.10 climbing (one 5.11a tempting us into higher grades). The rock is beautiful, a reddish orange to chocolate brown, and the texture is rough, with odd little pockets

and small edges. Face climbers will love this place! The routes are very short, most being 30-45 feet, but they are action-packed the entire way. Protection usually consists of bolts, but I placed a few TCUs, and there are some traditionally protected routes, too. Since the routes are so short, you can figure out your rack standing at the base of the route. Most climbs have belay stations at the top, so you can clip in, lower off, clean your gear, and TR your partner. Or you can bring your partner up and you can both rap off. (The area is also ideal for top-roping due to the belay anchors.) Penitente's setting is gorgeous. It's tiny, but the canyon is filled with shrubs which provide habitat for robins and warblers, and the small pine trees up top are filled with flickers. The two days we spent there were perfect (one brief shower passed by, but the rock dried almost instantaneously). Summers could be very hot; we were toasted in late August. A September trip would most likely be more comfortable. Be prepared to wade through the shrubbery to get to the routes; a decent central trail runs the length of the canyon, but access trails to the routes aren't nearly as well cleared. This minor inconvenience permits lots of habitat for the birds, though, so it's not easy to get too mad at the shrubs. Rock and Ice #32 had a brief article and topo guide for Penitente, and the BLM has permitted posting new routes on its bulletin board. An updated R&I topo was also for sale at the La Garita General Store, which you pass on the way in to the canyon. Some recommended routes, with the R&I route numbers and updated ratings: #1, Mysterious Redhead (5.11a), right at the parking area, very

nice with two enjoyable cruxes; Drillseeker (5.10a), a rounded arete on the opposite side of the canyon from #21, Lovesnake; #29, Ya-ta-hei (5.10c), a great route up interesting moves (7 QDs on this one, making it pretty well protected); #31, Looney Tunes (5.10c), up a spectacular sharp arete/spire, best route we did, every move spectacular!; #46, Ordinary People (5.9), a good warm-up; #47, Children of a Lesser Grade (5.10a), lots of fun; R&I DOESN'T NOTE IT, BUT ROUTE #48 IS X-RATED; #49, Jewel of the Mild (5.10a), that has the most outrageously wonderful three-way pocket hold you'll ever experience (and an awkward direct start--most people start to the left and step over to the route). Routes 46, 47 & 49 are within 30 feet of each other, and therefore make a good introductory sampler to Penitente. If you're in Colorado, try a day or two in Penitente: you won't be sorry.

New River Gorge, Wild, Wonderful West Virginia Bridge Day was again held for thousands of spectators and bridge jumpers over a gorgeous (sorry, last pun...maybe) fall weekend that we managed to enjoy in late October 1990. Despite 20o temperatures overnight, the daytime temps were perfect. We scared ourselves silly watching (from a great distance) the bridge jumpers. You could just see these little forms diving off the span, then the chutes would veeery slowly stream out and then open. It gave me the heebie jeebies. As one guy said: "Why would anyone jump off a perfectly good bridge?" We decided that downclimbing the Fern Point Slab ladders with Duncan would be a good test for our new Tough Traveler pack, and despite the

somewhat exposed start we managed without damage to the pack (or Duncan). Thus emboldened, we proceeded without further ado to charge up some good climbs while enjoying perfect climbing weather. Exoduster (10b/c) was the first new little gem to fall (just left of Premarital Bliss), a new 4-QD clip-up to cold shuts. Unfortunately, circumstances (Duncan taking a long nap, and the sun warmed availability of two nice routes adjacent to Squeak's nap spot) conspired to lure us onto The Plug (12a) and Pocket Pussy (12a/b). Both were subdued with minimal dogging, ending a pretty good day considering Mom and Dad are out of shape! Duncan woke up, decided he was tired of being neglected while we climbed, and demanded to be entertained. We solved that problem by hiking around to the upriver ladder (AKA The Honeymooners) and showing Karen all the new treats that have been put in at the Endless Wall.

[NOTE: many new routes at the New River end at belay/rap stations made of cold shuts. These eliminate hanging brightly colored slings off trees, and also eliminate damaging cliff-top trees by rope wear sawing through their delicate bark systems. Cold shuts are heavy gauge (3/8 or 1/2 inch) eye bolts anchored in pairs so you can equalize anchors if you use slings for a TR setup, or you can thread your ropes directly through the bolts to rappel. Many have been galvanized with a gray spray for camouflage. A return trip November 3-4 brought more good weather; perfect for engaging in Eurocragging and Traditional Mountaineering! We descended the Honeymooner ladder this time and headed for some new routes near the Nuttall Slab.

One, an 8-QD clip-up (10a) named With A Little Help From My Friends, was led by Karen in tremendous style to the last set of moves, at which point Duncan issued a recall vote. I was thus able to enjoy most of the hard climbing on TR, finishing up with a short crank to the top. Duncan appeased, we headed next to Totally Clips (5.8), a very enjoyable 5-QD clip-up just right of Walking in Your Footsteps. Since we decided that family (and other traditional) values should be stressed on these outings, Remission (10b), one of the nicest cracks at Diamond Point, was ascended placing gear the entire way just to prove we still knew how to do it! Besides, how embarrassing: Duncan asked: "Mommy, how do all those bolts get up there on that rock?" We ended up the day with Doug Cosby's extremely enjoyable Muckraker (10c/d), an 8-QD romp up a stylishly appointed arete--superb! Sunday found us back at the base of the ladders, knocking off Bonemaster Gear Fling (11b, 8 QDs, #1 TCU) and Double Feature (11d, 7 QDs, #1 or #1 1/2 Friend), both highly enjoyable routes with aesthetic moves and good pro. Back at the New, or What Else is New? A planned meeting in April 1991 with the Park Service to discuss coordinating Park management pans with climbers turned into a three day climbing weekend because of a last minute meeting cancellation. As Russ Clune sadly remarked at the Pancake House: "Well, I guess you'll have to go climbing. Too bad..." As it turned out, the three days were well spent. Friday, we climbed with Erock Hoist, aka Eric Horst, Mark Gruyder (a North Face rep living in Frederick, MD) and the ebullient

Rick Thompson (or is that effluvent...). We managed to enjoy some of the equipped routes, warming up with Exoduster (10b/c), moving on to S'More Energy (11b), then a new route called Hooked on Bionics, which Eric and Mark graded 11d, but I called it only 10c, which earned me a lot of derision, and then finished up with Stim E Stam (11b). Many of these routes have been upgraded to sport routes by the first ascent parties, meaning they require only QDs to climb. Saturday brought Erin and Dusty to the crags, and between rain showers we snuck in ascents of Totally Clips (5.8), the dry portion of a crack under a roof next to Quinsana Plus, and a repeat of Height of Flash'n (11c) for the camera. We had to leave to feed Duncan, so Dusty and Erin polished off With a Little Help From my Friends (10a). Sunday was another fine day that began with little hackey sack baseball in the Fern Creek parking lot with none other than Marc le Menestral! He has quite an arm... We top-roped Is It Safe (12a) and played on the TR left after Dusty's lead of Terminus (10a), but then called it a climbing day due to pounded digits and general inertia. We also wanted to watch Marc climb. He polished off Stim E Stam (11b), Man Tech (12a), Freaky Stylee (12a) and Stealthn' Magic (12d) without a single problem. It was fun, hanging out with him, his companion Sybille, Russ Clune, Doug Reed, and Rick Thompson, and it reminded us that climbing is as much about friendships as it is about getting up hard stuff. We had to leave early, but not after getting Dusty sorted out, since he had confused Meat is Murder (11c) with Exoduster (10b/c)! With the large number of sport-type routes at the New River, international

climbers continue to drift through to see what the area is all about. Marc thought the rock itself was great, and seemed to enjoy the climbing. Nice to know that our assessment of the area is upheld by such a wide variety of climbers. Anyone looking to travel to the New who would like an updated topo may contact Stuart. The new New Guide is due out this fall. In the meantime, route development has taken place so fast that pencilled notes in the Rock and Ice supplements are the only way to keep up. In addition, there is a new Bubba City access road which avoids the expedition along the old coal mine track. From Route 19, take Ames Heights Road west (the same road east of Route 19 is called Lansing Road, and heads to the Fern Creek/Endless Wall parking areas). Follow it through Ames Heights, and just past Ames Heights angle left and head towards the Class VI rafting company. Clock your odometer at Class VI, and head about 1 mile. You will pass a dirt road on the left with an old abandoned natural gas pump, and the next turn-out will also be a dirt road on the left. This one is marked with "B.C." (Bubba City) in twelve inch white letters on a rock. Park discreetly at the entrance to the dirt road and walk down it until you find a white-blazed trail. This will take you to the walk down between Central Bubba and Bubba Buttress.

REFLECTIONS FROM THE STONE

by Tom Isaacson

I celebrated New Year's Eve 1986/87 at Tom Russell's house with a group of PATC friends. Sometime after midnight the conversation turned to "what do you plan to do this year?" The answers generally involved a fair amount of "I plan to climb more and climb better", a prophesy which ultimately would prove untrue for about half of the assembled celebrants. I babbled something about the Grand Teton and drifted back to my beer. A few days later, aided by the perceptual clarity of sobriety, I committed to paper a specific list of 15 climbing objectives for 1987. I still keep the list as a reminder of earlier aspirations. My goals have changed only slightly, but I badly misjudged how long it would take to achieve them. Some four-and-a-half years later, I have climbed 10 of the 15 routes I set as goals for 1987. I doubt I ever will lead Foops (an oft-photographed 5.11 roof at the Gunks), although those who know me well can attest that that failure has not been for lack of effort (some would say fanatical devotion). For long-forgotten reasons, I listed as one of my goals for 1987 to "do a first ascent of at least 5.6." Ken Andrasko and I nearly succeeded on a new route at the New River Gorge in April 1987, but retreated in the face of poor rock. After losing interest in the new-route business for several years, I again became enchanted with the idea this Spring. Over the course of two trips to the New River Gorge, John Rayner, Jeanette Helfrich and I managed to top-rope, bolt and then lead what should hereafter be known as "New Tricks for the Old Dog." Stuart Pregnall

made an invaluable contribution of his bolting equipment and knowledge to our efforts. "New Tricks" is an unpretentious 5.10b located 15 feet left of Sandy's Sweet Bottom at the Endless Wall. Creating "New Tricks" was a decidedly mixed experience. Although we were elated to have achieved a certain milestone in our climbing careers, I was struck by the responsibility of it all. Bolting a new route is not just an expression of personal views, it also requires an imposition of those views on the rock and on others. Barring a visit by some madman from Connecticut, our bolts probably will mark the line on "New Tricks" for decades to come. I don't regret the creation of "New Tricks". It's a nice route and would be quite popular if it were located closer to the walk-in. But, there already are a lot of routes at the New River Gorge and it is fair to ask whether a particular new route really adds much, other than to its creator's ego. Someone might climb a mountain "because it's there", in the sense that the mountain naturally draws people to it. No one puts a line of bolts up a cliff in the backwoods of West Virginia because they are naturally drawn to it. Such an act springs from quite different motivations. I would like to think that, in our case, the route was created to make a contribution to the climbing community at least as much as to enable us to say we are members of the first-ascent club. To paraphrase the movie, "Bolt it, and they will come." Some day someone will repeat "New Tricks" and be thankful for the five beefy bolts. I may never meet them or hear about it, but I'll smile a little nonetheless.

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as described in CLIMBING magazine Summer 1988

Tuesday, October 22, 1991

7:30 p.m.

D.C. Chapter of the Red Cross
2025 E Street, N.W.
Washington, D.C.

For further information, call Dusty Wissmath, Chairperson, 301-585-7610 home, 703-379-9401 REI; Jeff Kramer, Vice Chairperson, 703-931-4895 home; Peter Hsi, Secretary, 703-620-4741 home, 202-377-6808 office; Ron Sitrin, Treasurer, 301-933-6518. NEW ADDRESS: 118 Park Street, S.E., Vienna, VA 22180

Requested Donation \$5

MOUNTAINEERING SECTION

Potomac Appalachian Trail Club,
1718 N Street N.W.» Washington, D.C. 20036

CLIMBERS' CALENDER

Date	Area or event	Person to contact	Phone	Place
Sept 11	Monthly Meeting	Dusty Wissmath	M-585-7610	HQ
Sept 14	White Oak Canyon	Doug Craun	V-323-5256	AO
Sept 13-15*	Gunks**	Dusty Wissmath	M-585-7610	TB
Sept 21	Great Falls	Jeanette Helfrich	M-585-9119	GF
Sept 22	Annapolis Rocks	John Yanson	D-667-4334	RR
Sept 28	Great Falls	Stu Hammett	M-627-3874	GF
Sept 29	Carderock	Jeff Kramer	V-931-4895	CD
Oct 5	Great Falls	Don Holtzer	M-656-4076	GF
Oct 6	Bull Run	John Yanson	D-667-4334	AO
Oct 9	Monthly Meeting	Dusty Wissmath	M-585-7610	HQ
Oct 12	Sugarloaf	Tom Russell	M-869-8058	RR
Oct 13	Great Falls	Don Holtzer	M-656-4076	GF
Oct 19	Crescent Rocks	Don Holtzer	M-656-4076	HA Rt7
Oct 20	Carderock	Jeff Kramer	V-931-4895	CD
Oct 26	Great Falls	John Yanson	D-667-4334	AO
Oct 27	Great Falls	Dusty Wissmath	M-585-7610	GF

Area Codes : M- 301, V- 703, D- 202

* **These trips are to lead climbing areas.** Please arrange for your own partners. The trip leaders can help with arranging rides and other logistics.

****This is the the Climbers Rendevous at the Gunks which is sponsored by the Acess Fund which will hold its annual meeting at the Rivendell Winery near New Platz. The cost for Saturday is \$20 and will include a shoe demo, workshops, contests, barbeque, music and dancing. 400-500 people are expected to attend including Hans Kraus, Royal Robbins and other luminaries.**

Note: Please call trip leaders in mid-week to make arrangements and contingency plans. In the absence of published trip leaders, call Jeff Kramer, 703- 931-4895 or Dusty Wissmath, 301-585-7610.

To the Editor:

I just did this totally new route at Carderock that everyone should know about, OK? Here's the beta, free of charge. Do the first five moves of Mad Dog but then don't go the way people usually do. Instead of pointing your left foot upstream and edging off the small shiny nubbin, point your left foot straight in with a slight smear. It's radically different that way.

The rest of the route is the same, but it's really completely changed, you know what I mean? I think I'll spend the next five years at the base of the route and call anyone who does it the old way a wimp. Don't you agree?

DC

John Simpson
Washington,

Dear John:

Congratulations on your new route. We'll have to change the guidebook. Let me know of any offenders who do the route the old way, and we'll publish their names in Up Rope.

****MEETING PLACES FOR CLIMBING TRIPS:**

TBA = To Be Announced

REI = Recreational Equipment Inc., 9801 Rhode Island Ave., College Park, MD. **DIR:** Exit I-495 at exit Rt. 1 south; immediate L. at light onto Edgemore; R. at 4 - way stop on Rhode Island Ave.; L. into parking lot.

RR= Roy Rogers Restaurant, 465 N. Fredrick Rd., Gaithersburg, MD. **DIR:** Exit I-270 at exit Rt. 123 E. (Montgomery Village Ave.) ; R. on Rt. 355 S. (Fredrick Rd.) ; L. at second light.

TC= Tysons Corner, Hardee's Restaurant and Central Fidelity Bank Parking Lot, 8111 Leesburg Pike, Vienna, VA. **DIR:** Exit I-495 at Rt. 7 W. (Tysons Corners) ; L. at second light.

AO= Appalachian Outfitters, 2930 Chain Bridge Rd., Oakton, VA. **DIR:** Exit I-66 at exit 16 (Rt. 123 N.) L. just past the forth light (AO is on the left) into the bank parking lot.

GF= Great Falls National Park, 9200 Old Dominion Dr., Great Falls, VA. **DIR:** Exit I-495 at exit 13 (Rt. 193/ Great Falls) ; W. on Georgetown Pike about 4 miles; R. at light into park; hard right past ranger's booth into lower parking lot, see notes on car windshield for specific climbing area.

CD= Carderock Park, Potomac, MD. **DIR:** Exit I-495 at exit 41 (Carderock exit) ; W., on G-W Parkway about 1/2 mile; exit R. at Carderock exit ; L. across parkway ; R. at stop sign to last (third) parking lot..

HQ= Headquarters of PATC/MDS, 1718 N Street, N.W., Washington, D.C. **DIR:** 1 block east on Conn. Ave. near DuPont Circle Metro Stop (Red Line).



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