



Up the Nose

FOUNDED BY
HERB AND JAN CONN

August 1995

Vol. 50 no. 4

NEWS OF THE P.A.T.C. MOUNTAINEERING SECTION

ACONCAGUA

**Trek to hemisphere's
highest peak slated for
November-December 1995**

The Mountaineering Section is organizing an expedition to Aconcagua (22,835 ft.), the western hemisphere's highest peak. The expedition will depart for Mendoza, Argentina on November 11 and return December 19, allowing 13-15 days for the approach and climb. The planned route is the Polish Glacier.

If you're interested in this trip you must get your passport ready and arrange for your transportation AS SOON AS POSSIBLE as this is during the busiest travel season. Because of the nature of this trip, participation is subject to approval by the trip leader. For more info, please call Peter Hsi (703) 591-2540 or Jim Southward (703) 684-6206.

—Peter Hsi

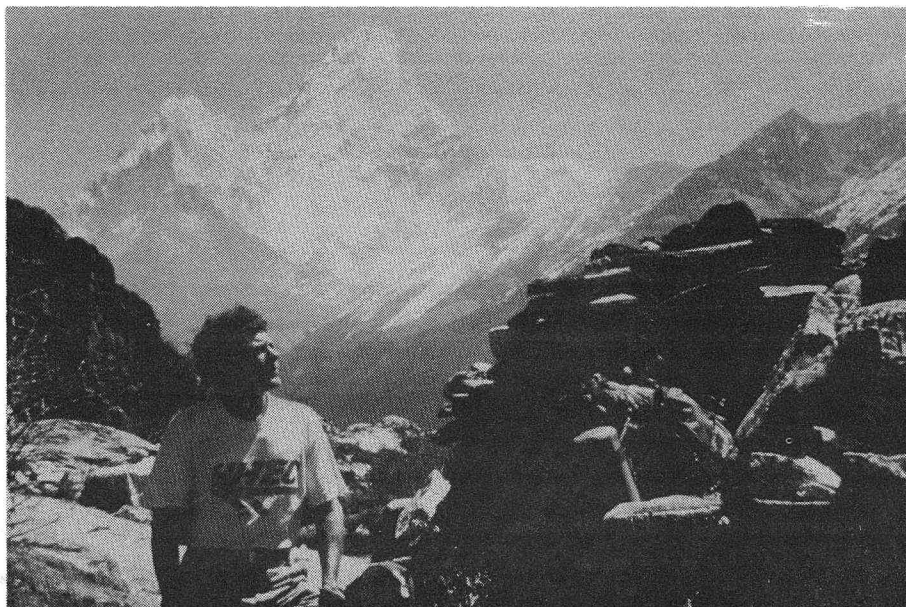
EXECUTIVE COMMITTEE MEETING

**Thursday, August 31, 7 PM
Jim Southward's Gym**

Come ready to climb and to eat PIZZA! For directions call Jim at (703) 684-6206.

Note: Jim Southward and his wife, Martine Greco, are the proud parents of a new baby boy, Alexander James, born July 25th.

HIGH TIME IN NEPAL: *Summitting Ama Dablam and Imje Tse*



*MS member, Don McIntyre, with Ama Dablam in the background.
Photo by John Cleary*

Flying across the Pacific gives a person an enormous amount of time to think about all the fantastic sights and sounds that define Nepal and its rich culture and people. This was my third expedition to Nepal and I was eager to see old friends and lose myself in the mountains and valleys of the Khumbu.

The goal of this trip was to ascend Ama Dablam, 22,494 feet, and Imje Tse, 20,300 feet. I originally had a climbing permit for 1985, but the team could not put the required money together in time. Now it was March 1995 and I had a solid team of finan-

cially-committed climbers. It was a go!

We were four climbers in the team: Dave Bridges, John Cleary, Joel Koury and myself. We had another five people who wanted to climb the lower peak and also trek to Everest base camp and do the 157-mile Annapurna circumnavigation trek. (See "Trekking in Nepal," elsewhere in this issue.)

We left the U.S. on March 30 via Thai Airways to Bangkok, then on to Kathmandu, Nepal. The flight took 21 hours and left us a little out of it when we arrived. Dealing with administra-

tive red-tape took us only two days. We then flew by Russian helicopter to the small airstrip at Lukla, 10,500 feet, where we met our Sirdar, Mingma Dorje, and his base-camp crew.

We hiked for six hours to Phuckding village (pronounced the same way!), where we spent the night. The next day we completed the hike to Namche Bazar and the comforts of the Panorama Lodge, owned by my good friend Sherpa Jangbu and his wife. After two days acclimating, we moved up the valley to the Thyangboche monastery—quite an amazing place.

Imje Tse

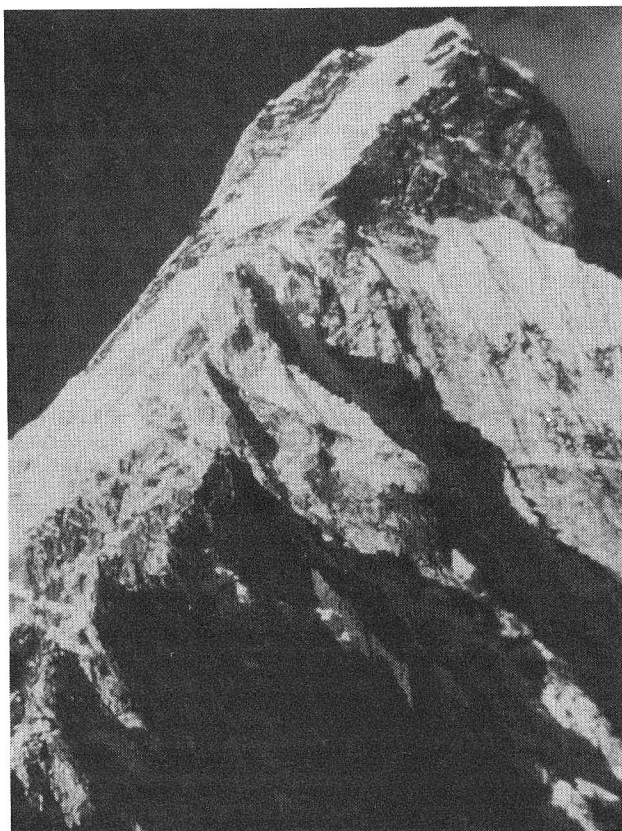
We received the personal blessings and prayer flags from the reincarnated head Lama and went to the Imje Tse base camp, at 15,000 feet. After a rest day, we moved to advance base camp at 17,000 feet. What a windy and terrible place, but oh, so beautiful! We had the North face of Ama Dablam looking at us, the full face of Lhotse Wall (27,890 ft.) and the border of Tibet defined by Chomo Lonzo (25,640 ft.).

Getting up at 3:00 a.m. was quite a struggle, as the air temperature was minus-10 degrees (F) and windy... but the mountain called.

At first day's light we were at the foot of the steep head wall to the summit ridge. The way was blocked by a large opening below an ice 'schrund. We had to rappel into the crevasse and re-climb the opposite ice wall to gain the slope. After doing this, we ascended a 500-foot, 55-degree ice wall to the summit ridge, which had two false summits. Next came the photo session. The summit was glorious! 9:30 a.m. with a blue sky, full

view of the Lhotse Wall, Mt. Everest, Ama Dablam and into Tibet. Wow!

The descent was safe, with the exception that one of the our team got snow blind due to losing her sunglasses. We made it to base camp. The next day, the Sherpas carried our "blind" climber down the mountain to our base camp.



*Southwest ridge of Ama Dablam.
Photo by John Cleary*

We spent the night and then walked back to Pangboche, where we bid a fond farewell to our trekker friends, and headed on to the Ama Dablam base camp.

Ama Dablam

What a great walk! We found we were the only team at the base camp. What luck as the entire mountain was literally ours. After a good night's rest, we climbed to

Camp One at 19,000 feet. This took nine hours: It was a gain of 5,000 feet over five miles on a long, long ridge.

Our plan was to climb Ama Dablam alpine style: no load carries, no sherpa support at altitude and minimum gear. As it turned out; the climb was accomplished in five days, base-to-summit-to-base. Packs were heavy and the climb was steep, steep, steep.

Camp Two was at 20,000 feet on a rock/snow ramp. Getting there required climbing a rock ridge covered with technical gear—darnes and climbing difficulty up to 5.8. All in plastic double boots! Oh, boy, what fun...

Camp Two was split into two parts, with half the team at the correct bivy site above the Yellow Tower and two of us at the base of the Yellow Tower, dug into the snow and ice. Morning temperatures were around minus-20 degrees (F). The ascent to Camp Three was over, through and below a massive number of mushroom show and ice cornices. It was an all-day operation, but left the team at a fantastic bivy site on the Southeast wall, below the hanging glacier (or Dablam).

At this point, the team divided into two assault teams. Joel and I went to assess the identity of a dead climber we had spotted on a ledge 500 feet below our camp. The other two climbers continued the climb to the summit. Joel and I rappelled to the body. We were able to determine that it had been a woman climber. Dave and John, in the interim, were just below the summit. Joel and I decided to descend to base camp and inform our Nepalese liaison of the body we had found.

As we approached base

camp we saw that John and Dave had made the summit! After informing our liaison officer about the body, we did not have enough time to reascend to the high camp and go for the summit ourselves. The next day, John and Dave returned to camp at 11:00 p.m., absolutely beat. They told us that the upper part of the final 800 feet was hard, blue ice—some of it at an angle of 70 degrees—and that it had been some of the hardest high-altitude climbing they had ever done. We had a good party with the sherpas and left camp two days later for Namche.

Three days later we were back in Kathmandu and hitting the local restaurants and pubs—putting on those lost pounds! Meanwhile, my wife, Linda, and her friends had hiked to Everest base camp and walked around the Annapurna massif and were on their way to ride elephants in Southern Nepal.

But that's another story. Great trip. Our team was successful. No one died, and there is always tomorrow.

—Don McIntyre

MS CHAIR GODWIN ACES MONKEY FINGERS

Dave Godwin sent "Monkey Fingers," a 5.12- climb at Great Falls, during a club outing on June 16. It was his second attempt of the day, having pink-pointed the climb on the first attempt. On the second try, Dave got all the micro-holds in sequence and topped out in most excellent style. Praise and prostrations from on-lookers were humbly accepted and can still be submitted in-care of Up Rope..."

—Pete Hsi

MOUNTAINEERING SECTION INSTALLS NEW PHONE MAILBOX SYSTEM

Mountaineering Section installs new phone mailbox system

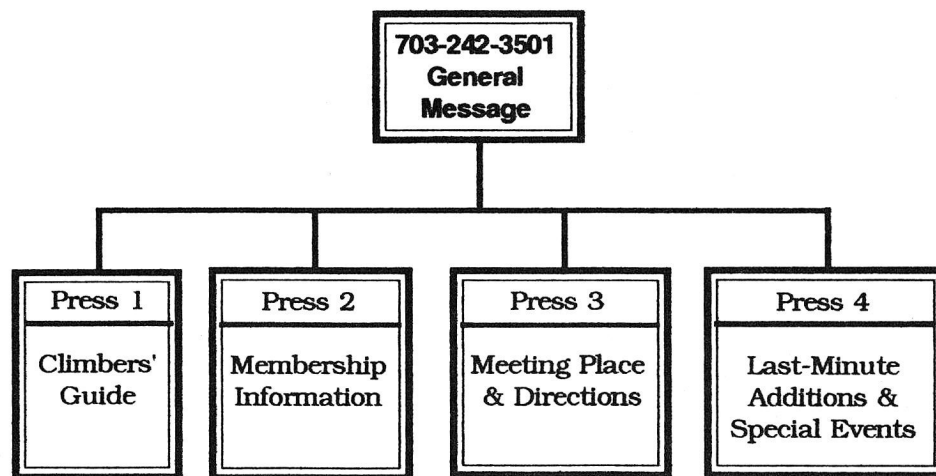
If you've called the Climbers' Hotline (703-242-3501) in the past couple months, you've noticed that the Mountaineering Section has installed a new answering machine. With the proliferation of voice mail and automated answering services, we felt that it was time for the Mountaineering Section to enter the 1990s (heck, some folks are even sending their Up Rope articles via the Internet!).

But seriously, since we were never able to have a live body answer the phone anyway (my number-one complaint with most other voice-mail systems), we felt this new answering machine would better serve the local climbing community, as well as make life a bit easier for club officers.

The new phone system has a built-in digital answering machine which allows us to add up to 11 separate mailboxes in addition to the main one. Particularly beneficial to officers and trip leaders, the answering machine allows for remote access to listen to messages, save or erase messages, and change mailbox greetings.

The PATC/MS answering machine is set up with one main mailbox, reached by dialing the Climbers' Hotline at 703-242-3501, and four sub-mailboxes that are accessible from the main mailbox (see chart, below).

Mountaineering Section Phone System



General Message. You'll hear this message after you dial the PATC/MS phone number. It describes the menu choices, gives general information on using the mailbox system, and gives the name and phone number of the PATC/MS Chairperson. Best of all, you can hit a mailbox number anytime to move right to the option you choose.

Climbers' Calendar. This is the Hotline feature that's most used by climbers. Now, with just a touch of a button, you can move immediately to the Calendar, without having to listen to general information such as how to get to the meetings (though we'd still like to see more of you at the meetings!). Some trip leaders may choose to use this mailbox as their own answering machine to collect names and numbers of people interested in their trip. Then the leader can call them back at his/her leisure — a definite benefit for all you out there who want to lead a club trip.

Membership Information.

This mailbox briefly describes the costs and benefits of PATC/MS membership. It allows callers to leave their name and address if they are interested in receiving a membership application. You may also want to use this mailbox to let us know if you've moved recently, so that we can be sure to send your Up Rope (and membership renewal forms) to the right address.

Meeting Information.

This mailbox repeats the date, time and location of upcoming Executive Committee and General Membership meetings. It also includes directions to PATC headquarters or other meeting locations. Hey, PATC moved several years ago and some of you still haven't seen the new headquarters! Use this mailbox to help find your way out to the netherworld of Vienna, Virginia.

Last-Minute Additions.

This mailbox allows trip leaders and event coordinators to post last-minute information on upcoming happenings without having to revise the entire Climbers' Calendar. I can see this mailbox being particularly useful for officers, for instance, who make last-minute plans to go climbing and want to invite others to come along. (I know I'll use it as my excuse for not calling every climber I know just because I decide to hit Great Falls some day after work!).

Hints for Using the System

The answering machine should be, for the most part, self-explanatory. Most climbers will probably dial the Hotline, then press 1 to listen to the Climbers' Calendar. When that message is done, if you're not leaving a message, you can hang up or press 4 to check any last-minute updates.

P.S., if you do want to leave a message, you can hit the # key during the greeting to skip right to the beep.

Probably the biggest change is that now you are allowed to leave a message. With that gift comes some responsibility to use it correctly. Please, make your messages short and to the point. If you know whom you're leaving the message for (e.g., a particular trip leader), please say that at the beginning of your message. And please, do not leave a message if the answering machine instructs you to call the trip leader — they won't be checking for messages unless they specifically request climbers to leave one.

Officers should have already received special instructions on how to change greetings and listen to messages remotely. If you need those instructions (e.g., if you're leading a trip and want to use the answering machine to collect messages), please contact one of the club officers.

Problems?

So far, the answering machine appears to be working well. If we all use it correctly, then it will be a fast, easy way to get and give information and serve those interested in joining the club. Also, barring power outages and pulled wires, it will be accessible 24 hours a day, to fit all our busy work-eat-climb-sleep-do-it-again (work optional) schedules. If you do have problems, though, please let us know so we can try to fix the problem. Just drop a note to the Mountaineering Section, attention: phone system. You can find our address on the back of this newsletter, or by calling the hotline and choosing mailbox #3!

—Dave Godwin

GREAT FALLS GUIDE BOOK SLATED FOR NEW, 1996 EDITION;

New route beta requested

Ten years ago, PATC published the Great Falls Guide Book. Until now, there have been no revisions. James Eakin, the original editor, and other PATC members spent a significant amount of time and effort creating the guide. Although it is still a great guide for the area, there are some updates that we would like to make. James and I are taking on this task.

The changes will include updated hiking trails, removal of closed routes (i.e., the routes in the canal cut), and the inclusion of new established routes. Also, we will try to incorporate some new features such as a listing of sunny vs shady areas. We would appreciate any information on routes not currently included in the guide. Also, if you have constructive comments or suggestions, please let us know.

Although we do NOT advise holding your breath, we would like to finish the second edition in 1996. Introducing a new edition right before the Spring climbing season would be wonderful. With your support we can make it happen.

I can be reached at:

Beth Logan
9220 Edwards Way,
#2228
Hyattsville, MD
20783
301-439-8363

and thru email at:
blogan@wam.umd.edu

Thanks for your help
and support.

—Beth Logan

RIPPED OFF EN ROUTE TO CHAMONIX

An open letter to MS members:

Fellow Mountaineering Section Members:

My recent trip to climb in the Alps for the summer was a disaster. The airline I flew, KLM Royal Dutch Airlines, lost the pack I checked with them, containing \$4,209 worth of equipment and clothing. Yep, full rock and ice racks, plastic boots, crampons, ice tools, rope, Gore-Tex rain-gear, a sleeping bag, bivy sack, tent, and lots more, all gone.

Unfortunately, it was not insured and KLM, whose liability for lost and stolen luggage is limited under the Warsaw Convention, has offered me only \$640—little more than 15% of my gear's value—to settle the matter.

My only hope for being fully reimbursed is to raise a big stink. I have already written letters to KLM, Northwest Airlines (which operates the trans-Atlantic flights jointly with KLM), my Senators and Congressman, the climbing magazines, and local media. But two years working for lobbyists in Washington has taught me that letters from OTHER people who matter are even more valuable. As climbers who are likely to travel the world in search of good routes, you matter to KLM and Northwest. So I am asking you to write letters to the airlines on my behalf.

Here's a summary of the events:

I left for Geneva by way of Amsterdam on June 21 from Dulles Airport. When I checked my pack with the KLM/Northwest agent at Dulles, I wanted to put a name/address tag on it to improve identification and deter theft. The agent however told me not to bother—that it was unnecessary! I arrived in Geneva the next day, but my pack did not. I

went to Chamonix to get a look at some of the mountains I hoped to climb this summer, but after a week of many phone calls, a fax, and still no news about my pack, I figured that it was gone for good, probably stolen.

So on June 28, I began the difficult and contentious process of trying to get my return reservation changed. I was first told by KLM personnel in Switzerland that they had no open seats on flights out of Geneva until August and that I would have to pay a \$150 penalty to get one. I told them it was unfair that I pay a penalty after they lost my pack and ruined my trip. After a few more phone calls, they conceded this point, but still claimed to have no economy-class seats available until August. They did have Business Class seats open on a July 2 flight, but would not put me in one unless I paid the full Business Class fare. I suggested that under the circumstances, the requirement ought to be waived. KLM did not agree. Nor would they let me fly standby. In other words, they would rather screw-over a passenger twice and let those Business Class seats go unoccupied, rather than help that passenger at no cost to the airline.

Getting desperate, I asked them if they could refund my return ticket so I could get a seat on another airline. They said they would give me \$500 dollars for this purpose, but would then deduct that \$500 from any monetary settlement they made with me over my lost luggage. So in fact, this was not a refund at all and that \$500 would have come out of my own pocket. At this point, I decided that "customer service" must translate to "ream the customer" in Dutch.

Then I spoke with KLM

Consumer Relations in New York. I told them what KLM in Switzerland had said about no economy-class seats out of Geneva being available until August. They were surprised by this claim and did not think it was true. They said they would look into it. Sure enough, the next day, I had an economy-class seat on that July 2 flight out of Geneva. It seems the KLM in Switzerland lied to me about seat availability.

And in a strange final twist, no one from KLM ever called to tell me that I had been given a seat, even though KLM Consumer Relations in New York specifically said they would contact me if they managed to get me on that July 2 flight. I only found out because a friend in the States, who had called the airline to check on my status, then called me in France with the good news. So KLM in New York apparently lied to me as well.

With all my gear gone, my climbing aspirations have suffered a serious set-back and it will take years to acquire all the equipment I had unless KLM decides to fully reimburse me. A letter from YOU urging them to do just that would be greatly appreciated. A letter to KLM is most important, but one to Northwest, or at least a copy of your KLM letter forwarded to Northwest, would also be great.

I appreciate your help in this matter. If you have any questions, do not hesitate to contact me at (home) 703-528-5071 or (work) 202-789-3960. Or write me at:

4273 Vacation Lane
Arlington, Virginia 22207

Sincerely,
Demian H. Larry
Treasurer, PATC-MS

DECISION TIME ON NELSON HOUSE CONTRACT

The Mountaineering Section has had a decades-long relationship with the Nelson House, located near Seneca Rocks, West Virginia. MS members used Nelson House regularly in the 1970s. The availability of other lodging facilities in the area has caused the relationship between the Mountaineering Section and the owners of Nelson House to become strained.

Printed below are two viewpoints on the relationship between the Section and Nelson House. MS Members Pete Hsi and John Christian debate whether to continue our long-time relationship with Nelson House, or to sever that contract once and for all. Other MS members who have an opinion on the subject should attend the next MS meeting and let their voice be heard.

Cancel the contract?

The Past: Many Mountaineering Section (MS) members probably don't know the situation concerning Nelson House. This is what I've found out: In the early 1970s, there were no overnight facilities at Seneca Rocks. The MS and the PATC sought to remedy this by building a climber's cabin.

Unable to find a suitable site, the MS signed a contract in 1975 with the Nelson family of Circleville, West Virginia, establishing access to a small house behind Nelson Rocks. In exchange, the club has to maintain the house. Since that time, a visitors' center and campground were built at Seneca Rocks.

In the recent past, club trips to the house became more rare and contact has been lost with the family—the last official work trip was 7 years ago, though MS members continued visiting the house.

Today: This spring, it was reported to me that the Nelson's are not satisfied with the club meeting our part of the contract. One of the grievances is that the club has not performed needed repairs on the house. I drafted a letter to re-establish contact and to preserve relations with the family.

Though club members have performed repairs in recent years, the house still needs more work, and some of it is not trivial. The Nelsons repaired the driveway last year and approval is pending to reimburse this expense. These are things that are reported to need work:

- exterior painting
- rescreen windows
- jack-up sagging foundation—the foundation is a pile of un-mortared rocks
- patch holes where varmints can get in—this includes the roof and crawl space
- fix the chimney on stove in the kitchen so it vents outside

The house is an excellent base for mountain biking, cross-country skiing, as well as climbing the near by rocks. The Dolly Sods and Spruce Knob are close by and are excellent backcountry destinations.

The future of Nelson House

Two options to consider:

Option 1.—Keep the contract: An overseer must be designated, work trips must be regularly scheduled, and regular contact with the family must be maintained. This means a long term commitment from the club terms of oversight and materials. If we keep this contract, then what repairs are necessary and reasonable within the scope of the law?

Option 2.—Cancel the contract. Because the Nelson house arrangement has out-lived its usefulness—especially after Seneca Shadows Campground was built—and of the burden and liability on the MS (and that nobody gives a damn), I will recommend to the executive committee that we cancel the contract with the Nelsons, bringing to an end the 20-year relationship.

I spoke to as many people as I could before reaching this conclusion and the consensus seems to be against keeping the contract. However, I'm sure I missed many members who are interested in retaining this contract:

THESE PEOPLE MUST SPEAK NOW before it is too late.

—Peter Hsi

Preserve the Nelson House contract?"

The question of what to do with the Nelson House is not as simple as Peter proposes. The problems are:

1. We have not done contractually-required maintenance.
2. If we cancel the lease without doing the maintenance what are the consequences? (would you give any favors—like Rock access—to a renter who skipped out without paying rent?)
3. Do we have any future need for the House?

First, the MS has a lease in which we agreed to do some undefined maintenance on the House. This maintenance was in exchange for a lowered rental cost. For 7 years we have not done periodic maintenance as we agreed to. It is irrelevant as to how much maintenance we may now think we can do, just because there is so much because we let it pile up.. Regardless of

what we decide to do about the lease, we still have a legal requirement to do the maintenance which was not done over the past 7 years.

The type of maintenance, as I—being an old-timer—recall, was to keep the building “livable”, such as repair/patch window screens, patch holes in walls and roof, paint exterior, and keep stovepipe and drain pipes together. If the foundation is sagging and needs jacking up, I suspect it is only in a few places and this is NOT a big deal. The PATC Cabin Construction Committee may have helpful advice and jacks. If not, a long 4” log for a lever and some strong climbers on one end could lift a corner enough to shove some rocks in.

If we decide that the Nelson House is not worth keeping and therefore need not bother doing any contractually required maintenance, what might we expect the reaction of the Nelsons to be?

Would they continue to allow access to climb on Nelson Rocks? It might be in the best interest of the few climbers who quietly enjoy climbing there now and who would like to continue to climb there to be the leaders in the repair work. And other climbers who want to avoid the increasing overcrowdedness of Seneca Rocks might consider a little work

time as a good investment for future quality rock time.

Once the maintenance has been resolved we can consider whether to continue the lease or not.

Access to the Rocks is assured by having the House.

But if the lease is not renewed, access would probably not be an issue (assuming the 7 years of maintenance has been done).

—John Christian

CARDEROCK GOES TREELESS

MS member John Christian cut up the tree across the path at Carderock and got a bunch of volunteers to move several other logs and branches off into the bushes.

Mike Sabatini, the District Ranger, had a tree crew take down the dead trees at the top of the cliffs. Thanks to Mike and his crew for keeping the debris clear of the climbs and leaving a few logs for sitting. But there is one big limb stuck in the Three Chimney Climb. Might be considered a new climbing problem.

Up Rope,

a publication of the P.A.T.C. Mountaineering Section, is published bi-monthly and written by Mountaineering Section members. We're always looking for newsworthy items to print. Articles can be on trip reports, book reviews, gear reviews, good beta to climbs, red points, etc.. To submit articles and photographs for UpRope, please write with your favorite word processing program, and either send via Internet, or copy to a DOS diskette in plain ASCII text format, and mail to the literary editor, marked ATTN.: UPROPE. The deadline for the next issue is September 20.

Interested in obtaining fast MS information, and the updated climbers' calendar? Try our new MS Phone System.

Climbers' Hotline
703-242-3501

Internet e-mail:
UpRopeEd @ aol.com

Literary Editor
Tony Sanders
3505 Rummymede
PL., N.W. Wash.,
D.C. 20015

Managing Editor
Ozana Halik

Design Editor
Julie G. Halik

MOUNTAINEERING EXPEDITIONS & ROCK CLIMBING INSTRUCTION

Earth Treks offers the highest quality skill development expeditions to the world's most incredible climbing areas (from Carderock to the Himalaya).

Please call, or write,
for our latest
brochure and
newsletter.



**EARTH
TREKS**

P.O. Box 552
Ellicott City, MD 21041-0552
410-465-5492



Climbers' Calendar

Mountaineering Section of the Potomac Appalachian Trail Club
118 Park Street, SE; Vienna, Virginia 22180; Climbers' Hotline: (703) 242-3501

Date	Destination/Event	Point of Contact	Place & Time	Remarks
8/9 Wed	Remember: No Membership Meeting in August! go climbing instead			
8/26-8/27 Sat & Sun	Seneca, Gunks or the New lead climbing (arrange for your own partner)	Dave Godwin (703) 242-3501	TBA	please leave message on Climbers' Hotline (mailbox 1) if you wish to go
8/31 Thur	Executive Committee Meeting	Jim Southward (703) 684-6206	Jim's place 7:00 pm	bring your shoes to climb on Jim's wall and your appetite for pizza
9/3 Sun	Great Fall, Virginia Top-roping	Jim Southward (703) 684-6206	GF 8:00 am	beginners welcome
9/13 Wed	Membership Meeting: program TBA	Climbers' Hotline (703) 242-3501	HQ 8:00 pm	food, drinks, slide show; all welcome
9/2 Sat	Great Fall, Virginia Top-roping -- Beginners welcomed	Brian McCormick (703) 242-3501	GF 8:00 am	please leave message on Climbers' Hotline (mailbox 1) if you wish to go
9/23 Sat	Great Fall, Virginia Top-roping -- No experience necessary	Dave Godwin (703) 242-3501	GF 7:00 am	please leave message on Climbers' Hotline (mailbox 1) if you wish to go
9/30 Sat	Carderock, Maryland Bouldering -- some climbing experience required	Demian Larry (703) 242-3501	CD 9:00 am	please leave message on Climbers' Hotline (mailbox 1) if you wish to go
October	Seneca Rocks Trail Work	Karen Jacobson (304) 567-2085	TBA	need dedicated volunteers who can commit to work TWO weekends
10/11 Wed	Membership Meeting: program TBA	Climbers' Hotline (703) 242-3501	HQ 8:00 pm	food, drinks, slide show; all welcome
11/25-12/17	Aconacagua, Argentina (6,950 m)	Jim Southward (703) 684-6206	TBA	start practicing those mountaineering skills!
Mid-week	Climbing after work and other ad hoc adventures	Peter Hsi (703) 591-2540	TBA	call early week for arrangements **(also check hotline mailbox #4)**

- * **General:** Please call the trip leader by mid-week to make arrangements and contingency plans.
Call the Climbers' Hotline (703/242-3501) mailboxes 1&4 for the latest additions and too-late-to-be-published events.
- * **Executive Committee Meetings:** Held once every odd-numbered month or by special arrangement. Everyone is invited.
- * **Membership Meetings:** Held second Wednesday of every month except August. Everyone is invited to attend.

RENDEZVOUS LOCATIONS

CD	Carderock, Maryland
From I-495 in MD, exit #41 north onto Clara Barton Pkwy. Take 1st exit and overpass to Carderock entrance. Turn right after entering park, go to last parking lot. Cliff is beyond restrooms.	
GF	Great Falls National Park, Great Falls, Virginia
From I-495 in VA, exit #13 to Rte 193 west (Great Falls). About 4 miles and turn right at 1st light into park entrance. Sharp right after toll booth into lower parking lot. Late arrivals check at climbers' sign-in.	
HQ	PATC Headquarters, 118 Park St, Vienna, Virginia
From I-495 in VA, exit #11 to Rte 123 south (Vienna). Approximately 11 lights, left at Park St - OR - From I-66, exit at Nutley St north. Right at Rte 123. Right at Park St. Building is on the left.	
TBA	To Be Arranged
Please call the Point of Contact for directions or the Climbers' Hotline for updates.	



118 Park Street, S.E.
Vienna, VA 22180

Address Correction Requested

Nonprofit Org.
US Postage
PAID
Vienna, Va
Permit No. 8035

Jeanette & John Helfrich
(Rayner)
3100 Powder Mill Rd
Adelphi, MD 20783-1023