



Up Rope

FOUNDED BY
HERB AND JAN CONN

News of the Mountaineering Section of the P.A.T.C.

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Top-roping trip set for July 27

Alex Tait (a.k.a. "Mr. Safe-T") will lead a top-roping trip to Pennsylvania's Schaffer Rocks later this month. The trip is ideal for beginners and experts alike.

The shaded, north-facing Schaffer Rocks is located at the Hermitage in Pennsylvania (about 80 miles north of D.C.). Trip date is Saturday, July 27. Trip travelers should meet at the Gaithersburg Roy Rogers at 9 a.m.

(For directions, see the Up Rope Beta Box at right.)

Alex hopes to lead one trip per month this season. His home phone is: (301) 587-8085.

Other MS members are encouraged to volunteer to lead trips, too. Those willing to lead a top-roping (or extended) trip, can send their notice via the Internet to: UpRopeEd@aol.com, or call the Hotline at (703) 242-3501.

Last month, Alex led a top-roping trip to Sugarloaf Mountain (1,281 ft.), about 40-50 miles north of D.C.

Up Rope Beta Box: Getting to Roy Rogers

The Roy Rogers is located at 465 North Frederick Rd. in Gaithersburg. From I-270 North, exit at Route 124 East (Montgomery Village Ave.). Take a right at the next light, to Route 355 South. Take a left at the second light and a left into the Roy Rogers parking lot. Look for the other climbing types inside Roy's.

Meet at 9:00 a.m., sharp.

Self-rescue workshop slated for Aug. 4

MS chairman Don McIntyre and MS co-secretary Rick Dotson will review self-rescue techniques and belay escapes during a half-day workshop at Great Falls. This half-day workshop is set for Sunday, Aug. 4, with MS members meeting at 8a.m. in the Great Falls (Va.) climbers' parking lot. MS members who

want to attend the workshop need to call Don to reserve space beforehand.

Read more about it

Climbing magazine recently published a three-part series on self rescue. The articles covered the belay escape, getting a knot past a belay device, and building

a "Z pulley" hauling system.

Parts of those articles are reprinted in this issue of *Up Rope*, and appear here by kind permission of the good folks at *Climbing*. The articles originally were published in *Climbing* issues 159 (March 15-May 1), 160 (May 1-June 15) and 161 (June 15-Aug. 1).

Labor Day climbing at Seneca

The Mountaineering Section will be holding a climbers' weekend at Seneca Rocks on Labor Day weekend (Aug. 31-Sept. 2). All MS members should arrange for their own climbing partners/leaders. Contact Don McIntyre for details: 703-255-3617.

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