

FOUNDED BY  
HERB AND JAN CONN

VOLUME 56 ISSUE 2

APRIL 2001

#### 2001 MS CLUB OFFICIALS

##### Chairman:

Mack Patton Muir  
mackmuir@edisaurus.com  
http://www.edisaurus.com  
work 202-401-8264  
home 703-768-5724

##### Vice-Chair:

John Smith  
H(703)532-0264  
W(703)453-2897  
johnw.smith@usaa.com

##### Treasurer:

Dave Green  
(H) 703 536 5189  
(W) 202-366-9477  
dkgreenva@hotmail.com or

##### Secretary:

Charlotte Bonilla  
Csbonilla@aol.com

##### Up Rope Editor:

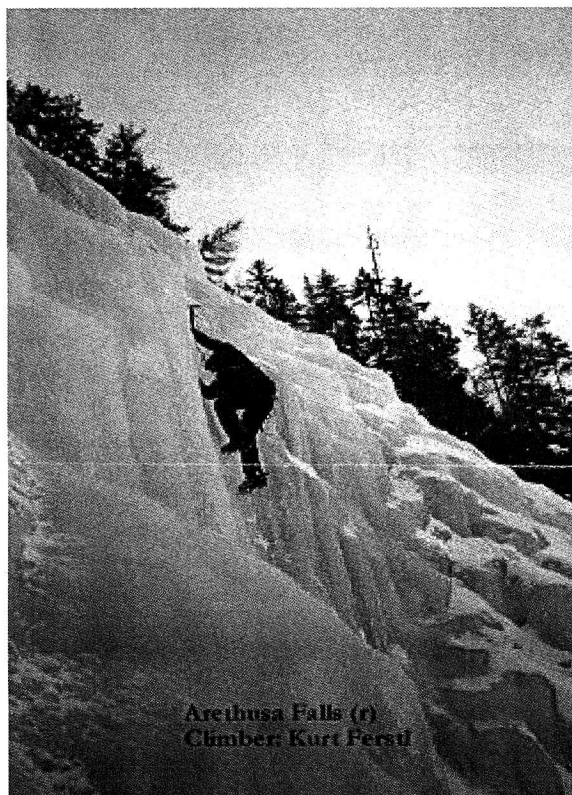
Vincent Penoso  
P.O. Box 221431  
Chantilly, VA 20153  
vpenoso@earthlink.net

#### INSIDE THIS ISSUE

By-Laws; Trash	3
Fang Chews	4
Climbers Calendar	6
Photo Contest	7

#### ROCKFALL

- May 5-6: New River Gorge
- May 26-28: The Gunks - Memorial Day weekend
- June 5-6: The Gunks
- Great Falls Guide is now on sale at the PATC.
- New Website: www.Potomacmountainclub.org



Arethusa Falls (r)  
Climber: Kurt Fersl

## North Conway

January 2001

After several weeks of good cold temperatures the prospects for a good week-ends climbing were excellent for the first club ice climbing trip of the year. A quick warm up on New Years day at Whiteoak Canyon and it was off to the frozen North. Hoping that the cunning planning of the club to avoid the ice festival locations would pay off with deserted crags in the Whites while the ice climbing hordes descended en masse on the Adirondacks. So the advanced party of seven of us met at Baltimore for the short flight North on Thursday evening.

After a rather bumpy flight into Manchester and a rather non eventful drive up to North Conway the first requirement was food, so off to the new local brew pub where we made plans for Friday, Mitch and Jo were off to EMS for an advancing beginner (sic) class, leaving 5 of us to head into Arethusa Falls, next to *Frankenstein*. The approach to *Arethusa* is a gentle 1-1.5 mile walk and is generally well packed snow, however, after recent snowfall snowshoes would be essential. On the walk in it was clear that we would have the place to ourselves since there were no fresh tracks on the path.

(continued on page 5)

## Gym Training to Climbing A Change in Attitude

As Winter draws to a close around DC many climbers start to come out of their winter hibernation in the rock gyms around the region. While the gyms provide an opportunity to remain climbing "fit" through the winter months it does not provide an environment in which the key climbing skill of judgment has a chance to develop.

The consequence of this is that as experienced "gym" climbers head outside they are confronted with situations that they are not used to dealing with, even on routes well within their gym technical ability, such as loose rock, wet rock besides the many different types of rock that are found outside the gym world.

(Continued on page 3)

## Thanksgiving Weekend 2000

Simon Carr **Arizona** Pete Grant

**No**thing like leaving getting the plane tickets for the last moment. On Tuesday we purchased tickets from Air West for a Thursday flight to Phoenix. In spite of it being thanksgiving day -- we thought everyone would try to fly Wednesday evening -- the plane was full, but on time, and we made it to Phoenix in time to rent a car and drive to Tucson before sundown.

Friday morning, after a quick stop at Summit Hut, the local climbing store, for route recommendations, we headed out to Mt Lemmon to try out Arizona granite. The Arizona Mountain Club, on their web page, claims Mt Lemmon to

(Continued on page 2)

(from front page)

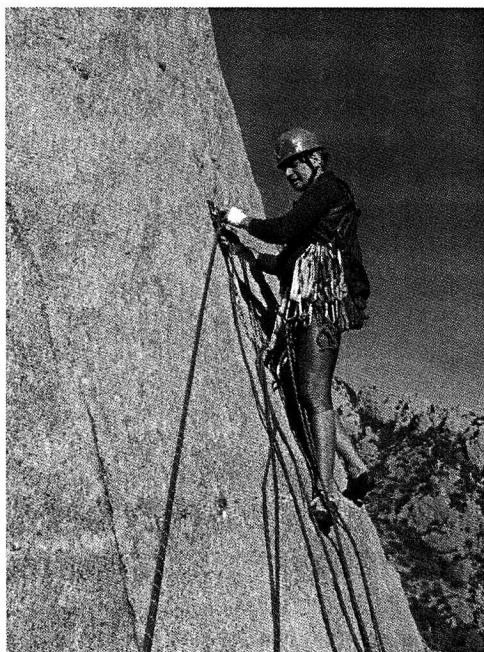
## Arizona (con't)

try out Arizona granite. The Arizona Mountain Club, on their web page, claims Mt Lemmon to have "more rock than you can climb in your second lifetime" (first lifetime is in Cochise, to which we'll get to in a moment). Judging by what we saw, that's pretty close the truth! Our first stop was Windy Point, elevation 6,000'. After scouting around for suitable cliffs, Simon led a 5.9 trad route for a warm-up with me following. We wanted to do something harder next, but decided instead to run up Hunchback Route (5.7+) to set up a top rope on Steve's Arete, a highly recommended 5.11. I tried Steve's Arete first, and made it, after a couple of rests on the rope. Simon then showed me how it's supposed to be done and skiddled right up the thing with no problem at all.

After Steve's Arete we picked a nice looking 5.9+ partially bolted route, Space Cowboys, which turned out to be quite stiff and scary for the grade. I pity the poor person who assumes that it's completely bolted and finds the protection terribly inadequate where there are several hard moves. By the time we finished Space Cowboys, it was 30 minutes to sundown so we decided to quickly run up a spectacular looking tower right next to the road, named Hitchcock Pinnacle. There was an easy 5.7 route to its top so I took the lead on that one and, being the glory hound, stood on top of the pinnacle and waved at all the tourists gawking our ascent. It was kind of fun :-)

Our second day took us to Cochise Stronghold, about an hour's drive from Tucson. Cochise's is the area claimed to have "more rock than you can climb in a lifetime", as mentioned above. There is a nice campground at the trailhead and I recommend that anyone wishing to visit this area uses the campground instead of doing all that driving like we did. Our first goal was a route about half-way up the mountain side at about 5,000' named Beeline. Beeline is a 5.9 crack that starts out quite easy and then suddenly turns 5.9 for the last 20' before reaching a HUGE roof, where the pitch ends. The climb was totally trad and the crack so small both Simon and I drew blood negotiating the last few moves to the rap anchor. Nevertheless, it's an excellent three-star route.

After Beeline we headed up the rest of the way to the saddle and high plateau where a spectacular back-country scenery greeted us. The most awesome-looking massif was directly in front of us and had a 5.6 route on it that made me pant when I saw it. We just had to do that one! It took us a quite a while to find our way to our chosen route - What's My Line (5.6/A0). Frankly, the approach was 5.6 in spots, involving chimneying third of the way up the cliff to reach the start. The first pitch, in fact the very start, is the A0 part involving a pendulum off bolts to get to chicken heads about 25' from the belay ledge. Simon led the first pitch and set up a belay. I followed, but now the pendulum was far to the right of the start and I took a quite a swing when my turn came to do the pendulum move. Because it was expected, I managed to keep from hitting anything after my feet came off and soon was juggling up a face full of chicken heads to join Simon at the belay. I then took the lead for the second pitch, as well as the third, where the crux moves were. This is a route that should be on everyone's must-do list, regardless of how good of a climber one is. Take my word for it! By the time we finished What's My Line and rappelled down, darkness began to fall and we had to leave. The hike down the rough trail in the darkness was a semi-adventure itself. Simon had a head lamp but I had left mine in the car. No moon that night so it got quite dark. On the third day we decided to do a little bolt-clipping and drove to Queen's Creek climbing area 90 minutes North of Tucson, just outside the town of Superior. Most of the area is sharp edged sand stone (?) with pockets for holds and bolts galore. We chose Pocket Puzzle (5.10a) as our first route. It, as is often the case with sport routes,



turned out to be a piece of cake and served as a warm-up for us. Next Simon tested his skills on a 5.11b route which he did with only one hang on the rope. I declined to try it as I wanted my arms intact for the next few routes. We did a couple of 5.10b's, then, because it was quite hot, and our fingers were burning from the rough rock and sharp edges, decided to drive to town for a break over coffee. No Starbucks in Superior, AZ, so we settled for a cup of Circle-K (like 7-11) store brew.

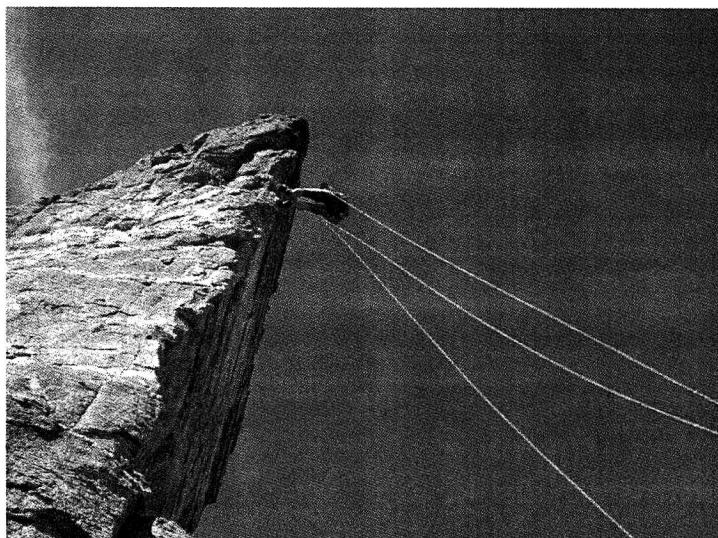
After the break, we scrambled down a scree slope to the bottom of the creek to an area known as Atlantis. We chose a route named Gigglin Marlin, a 5.9 as everything else seemed way too hard. Also, it was starting to get dark so we wanted to do something quick and return to the car. Although it appeared hard, it turned out to be appropriately rated at 5.9. Good route but probably not worthy of many stars, IMHO.

For our last day, we ventured a little further from the road, although still in the Queen's Creek area, to a place known as Devil's Courthouse. About 90 minutes of hiking brought us to our destination, a totally awesome place. Pinnacles and towers everywhere. Some over 100' high and vertical or even overhanging. The rock was some kind of volcanic sandstone (?) with many horizontal cracks and rough texture. I loved it!!

Our first warm-up was Sublime Line, a two-pitch 5.9+ which Simon led -- both pitches. We then scouted around the corner and did a three-star 5.8: Three Amigos, again led by Simon. I then took the lead for our next route, G-String Optional (5.9), after which Simon led up a fairly stiff 5.10b named Ready Steady Arete. By this time, our arms were aching and we decided to end the day top-roping a couple of 5.10's right next to the one we just led.

Because we were both new to the areas we visited, spending a lot of time route finding, we may not have gotten as much climbing done as we would have at, say NRG, but overall I consider our trip a success. I got to climb on new kinds of rock and in places where I had never been. The scenery alone at Devil's Courthouse and Cochise Stronghold made the trip worthwhile. We noticed that the weather reports for the Washington DC area and nearby climbing spots as cold and even rainy, so we were glad we had opted to hop down to sunny Arizona instead. Now, start saving up for a trip to El Potrero Chico...

Pete Grant



## **Summary of Proposed Changes to By-Laws**

### ***Article I - Membership***

Clarified to reflect that membership in the Section is effective on acceptance of the membership application by the executive committee. Further modified to clarify membership termination procedure. Three-quarters of the members actually present at a meeting must vote to terminate a member. Proxy votes not considered. Modified to allow proxy voting on all Section business (except termination of a member.) Provides Honorary Membership by a two-thirds vote of members voting

### ***Article II - Executive Committee***

Modified to define the Executive Committee as only elected officers and the former Chair. Places responsibility for day-to-day decisions on the Committee, and not solely on the Chair. Clarifies procedure for nominating candidates for elected office.

### ***Article III - Duties of Officers***

Clarifies duties of elected officers. Assigns duty of handling proxies to the Vice-chair. Provides for disposition of Section funds to PATC in the event of dissolution of the Section.

### ***Article IV - Coordinators***

Designates coordinators of various functions. Effectively eliminates standing committees other than the Executive Committee. This was done to reflect the reality that these functions are dynamic in nature and are often carried out by one individual anyway.

### ***Article V - Meetings***

Provides for consideration of motions from the membership.

### ***Article VI - Publications***

Provides for the use of the name "Potomac Mountain Club."

### ***Article VII - Amendment of By-laws***

Provides for amendment by a two-thirds majority of members voting.

### ***General***

Introduces a routine four week requirement for notification prior to any vote by the membership on all matters but termination of a member.

## **Great Falls Park Trash Pickin' event**

**PATC** Mountaineering Section, and friends, showed guts, determination, and spirit today during the Great Falls Park Trash Pickin' event. Approximately 50 members and friends showed up for the event in the early hours of the morning and deployed to crags and beyond to collect trash from hard to reach areas.

After hours of picking trash, which amounted to a pickup truck load, we were asked if we could help the Park move some sandbags. In short order we split into two crews, one to load the truck and tractor, the other to unload and form a picket line to get the sandbags as close as possible to an archeological dig. The vehicles made many trips and a small mountain of sandbags were moved to where they could be placed to protect an arch which was discovered on a dig.

The day was a total success! The teamwork, spirit, and true grit was awesome. The Ranger's were very impressed and we got a lot of

work done in a short period of time. We even had spectators!

After grueling hours of gritty work (pun intended) the sweaty climbers converged on a feast prepared by Bill Wright and master cook Alex Tait. Bill's fare included various types of huge sausages (pork/turkey), hot dogs, low fat hotdogs, veggie burgers, potato salad, string beans, baked beans, chips, sodas, cake, pickles and condiments.

I am very proud to be a member of a group that showed the heart and care and spirit that this group showed today. They were asked to do a lot, unexpectedly, and made short work of it... all the while with a little fun mixed in. I would personally like to thank everybody who came and participated... with special thanks to Alex Tait and Bill Wright for the extra work they put in for organizing the event. Oh, we were too tired to climb.

Alan Pultz

(continued from front page)

## **A Change in Attitude**

This difference between technical ability and judgmental ability becomes a major stumbling point in climbers development. I say this since it effectively discourages people from doing routes that they feel are easier than they can technically climb, yet they do not have the skills to be able to actually climb such routes safely, or indeed determine what routes are safe routes! The result of this is that many climbers in the DC area become limited in their climbing aspirations and regard top roping as the only type of climbing that is available to them.

Somewhat amazingly this barrier is an easy one to help climbers break through since there are several areas close to DC where lead climbing experience can be rapidly gained on very safe routes. After completing a few such carefully selected routes the experience gained will allow the novice climber to better understand what they are trying to accomplish in terms of safety and will allow them to develop their skills in all aspects of the climbing world. Indeed at some point the judgmental skills will be such that the climber may be able to push their absolute technical ability higher than before whilst on the sharp end of the rope rather than in pure top rope scenarios.

If anyone feels that they need some advice as to what routes are good as early lead routes just ask around the club to get some ideas. Another confidence booster to the new leader can be if an experienced climber can check the gear placements *as they are made* by climbing or prussiking just above the leader (this is a far superior approach than false leads which don't address the issue of commitment). In short all club members should ask or offer help and encouragement so that level of climbing experience in the DC area will rapidly grow.

Good Climbing,

The Crag Skink



## FANG CHEWS CHIU'S SHOULDER

(Picks are cheaper than x-rays)

I presume the title gives away the gist of the trip, but elaboration may be helpful. John Smith, Mack Muir, Dave Chiu and I went up to try some ice climbing in the N. Conway area over the "true millennium", but instead we became acquainted with the emergency care facilities of the area. The first day was pretty slow because we were trying the hostel in Conway Village instead of Cranmore Mountain Lodge's bunkhouse (already booked up), and found it to be habitable and hospitable, though the continental breakfast wasn't nearly on the order of what Garrett serves up, and the location was farther from Frankenstein than we wanted, plus the flight in was delayed due to that monster storm that hit delaying the flight crew. We only got in one pitch each with Paul Torelli joining Mack and I on Standard left with John and Dave doing Dracula. After dropping off Paul at his lodge, the rest of us ate in town and headed back so we could get an early start the next day. The ice was in all along Frankenstein, so we'd decided to return there and hit different areas than the ones we'd each done the day before. When we turned the last bend to the parking lot, there was Fang, looking glorious and inviting, so we bushwhacked our way up to its base (a real slog, needed more snow), waited for another pair to clear off it, then Dave took the sharp end, the plan being for the rest of us to follow him up, top out, then rap off in two pitches. Well, that was the plan, anyhow, but you know how those work out sometimes. The morning was cooler and overcast, but by the time we hit it so had the sun, softening things up a bit. After Dave had placed his second screw in the double rope system he was using, he made a move on thin ice and one of his tools popped out, causing him to lose his balance and fall, yanking the upper screw, bouncing off two ledges, both iced and sloped outward so he didn't

come off worse than he did, then pulling up short two feet from the deck on the first screw which held. John lowered him the rest of the way, Mack held him still so he wouldn't aggravate any injuries he'd received, I freed him of his popped crampon and tools, and one of the two who'd just finished it came running after making sure his leader was secured. This fellow was a wilderness EMT, so he did a quick check on Dave, who stoically insisted he'd just had the wind knocked out of him, then slung his left arm which was hurting him some. After being sure our next stop was the hospital, he headed back to his partner (who was that masked man?) We packed up quickly, leaving behind the screw that held as a sacrifice to the

mountain gods (fig.2), and carefully made our way back through the thick forest to the railroad tracks and easier going. John went ahead and got the car ready while Mack and I carried Dave's gear back. All this time Dave never lost consciousness, was ambulatory, and kept insisting it wasn't so bad, but we also knew of the anesthetic effect of adrenaline and that it would wear off sometime soon, so we knew the climbing was done for the day. The hospital in North Conway is at the north end of the strip on the east side of the road (for future reference, hoping nobody else will need to know that). We were there about two hours after the accident, Dave signing himself into the ER with his brand new health insurance card and insisting that his Gore-Tex not be cut off. Eventually one of the docs got to see him, took an x-ray of his shoulder, and discovered a cracked scapula. It could have been far worse. We were out of there by 7PM, and Dave took us all out to dinner at this fabulous place we discovered to thank us for our assistance. But hey, he would have done the same thing if it were one of us, that's the mountaineer spirit, like that EMT back at the climb. The next day Dave stayed in at the hostel and recuperated while Mack, John and I did the Waterfall route. Overall we did little climbing, but did learn a few good things: 1). we can count on our climbing buddies to help us out when we're in trouble; 2). if you do so, it gets repaid far in excess of services rendered; 3). North Conway has a decent hospital for such emergencies; 4). a new dinner place and breakfast place were scouted for future trips, as was a new bunkhouse; 5). the easy way around N. Conway is the West Side Road which begins at our hostel and empties out near Attitash, with a cutoff going to within a block of IME; 6). ice tool picks are cheaper than x-rays, so don't be afraid to plant those suckers to the hilt; 7). scout the ice from a distance with binoculars if possible and account for changing conditions during the day; 8). accidents can happen to even the best of us; 9). Dave Chiu is one tough guy, eschewing the bliss of Percocet for the far milder Advil for the pain which set in about an hour after the fall after the adrenaline had worn off.



Fig. 2 Screw, (2) beiners, and a screamer

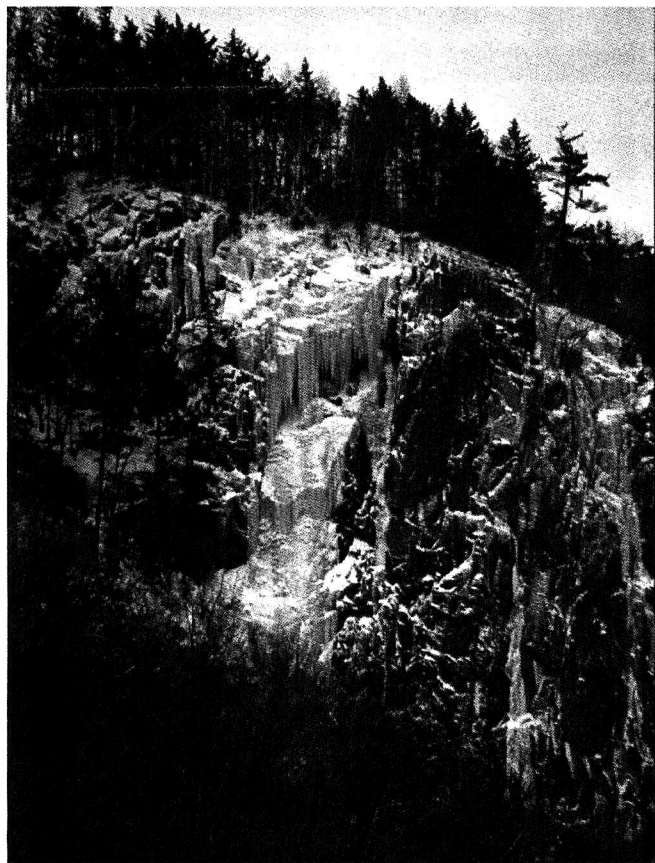


Fig. 1. Long shot shows the upper two pitches



(Continued from front page)

## North Conway

In the amphitheatre below the falls we geared up in perfect still cold conditions, Ted and I both eyeing the same line, up a constant angle groove, just right of the central bulge. Ted was quicker and got in situ a couple of seconds before I was ready to stake a claim. With such a large expanse of ice to choose from I quickly settled for a line 10-15' right of Ted's that after some preliminary slabs went through a slightly steeper bulge via an indistinct groove. Time to climb! Working easily up the lower slabs I placed a couple of screws in somewhat dubious ice before finding a better placement in some good ice before the steep section. When I was stopped and looking for screw placement I could feel the ice vibrating from Ted's placements a few feet to my left, I wondered I the whole thing might fall down, but heck I thought it's pretty rare that ice climbs actually fall down! After the bulge the climbing rapidly eased and I scampered up to a good tree belay with the winter's first full pitch of real ice climbing behind me. Using my Gigi I quickly set up to belay Kurt (an ice virgin) and John up the route at the same time. Ted and Bill finished their route and we decided to set up top rope on both sides of the falls using our double ropes. The left side looked to have some steeper ice and some wet ice that looked like it would be nice and plastic. After we had all top roped the lines we had set up I decided I needed to do some more real climbing so I set up to take the easiest line up the left side of the falls, but after some discussion a better line looked to follow a groove and pass through next to an ice umbrella. This route was probably the best of the day with steep ice, novel terrain and well protected by good screws by the time Bill and Ted had seconded me it was time to pack up and find food!

After an evening of gorging at bellini's we set off to Mt Willard with the intention of climbing Cinema Gully and then doing a couple of pitches on the upper Tier. On arrival at the base we came across our only queue of the weekend, after a few minutes I impatiently decided to try and dodge the queue by climbing Hitchcock Gully so leaving Ted and Lee to enjoy the thick (NOT!) ice of Cinema. Bill, Kurt and I headed for Hitchcock. Now I had only been here once before and then it was a rappel down having climbed Cinema in a snowstorm and I remembered thinking then "is this an ice climb?" Anyway keeping my worries to myself we worked our way up the easy lower gully and after a short wait for a Father/son team in front I was ready(ish) to climb the crux pitch out of the lower gully. This pitch is NOT an ice climb, apart from the first move there is not much ice just slabby rock 2 or 3 helpful tree stumps, one tree that provided the only meaningful protection and some frozen turf at the top. After several nervous moments with some crampon scrabbling, not helped by my rucksack getting caught on the slightly overhanging wall of the corner, and two seemingly dubi-

ous hooks I was out and belayed to the tree. Bill and Kurt followed with what appeared to be a lot more security than I had felt. By contrast the climbing on the ice slabs above was excellent with thick ice and far less adrenalin! Definitely the steeper slabs are the ones to the right of Hitchcock. We finished the days activities after a couple of pitches of climbing by scampering to the summit where we rapidly dekked before heading down the summit path to the car which had been nicely warmed up by Ted and Lee (who got down 30 mins before us having rappelled down Hitchcock).

Sunday morning and Ted, Lee, Bill and Kurt had decided to go and play at the Flume in Franconia Notch which is pretty much a pure top-roping area. I still felt the need for more lead climbing with the enhanced feeling of commitment so persuasion of someone with a car was necessary. Settling on Mitch as a likely target I convinced him to agree to the 2 hour drive to Lake Willoughby. Lake Willoughby has many hard routes but at the Southern end of the cliffs there are a couple of moderate flows now called the Tablets. Initially they were called practice slabs but at grades of 3-4 and being about 200ft high "practice" is a bit of a misnomer for some of us!

On arrival we were the first at the pull off and began the short trudge UP to the climbing. The approach is at most 400m but is fairly steep and is a good 10-20 mins of effort! With the place to ourselves we decided to go for the central line which looked like it had some good climbing on the upper pitch. A short half pitch leads to a kind of sloping shelf where I set up a belay to bring Mitch up, and gave a good vantage point to study the possibilities above. After Mitch was safely ensconced on the shelf in belay mode I set off up the steeper stuff. The ice on the shelf had been somewhat iffy with water running over the surface making a 1" eggshell on top of soft snow, however, once the ground steepened the quality improved and a wet groove just to the right of the central column gave good placements and a bridging (stemming if you insist!) option which considerably eased the effort required. A couple more bulges and I was at the belay tree, just getting into a faint icy mist, sitting comfortably I belayed Mitch and pondered the best way off since one rappel was not going to get us to the bottom ( why didn't I buy those 60m ropes???). Anyway a diagonal rappel got us down close enough to trees on the edge of the flow that we could untie and walk across on a gentle ramp a couple of feet to get to the trees and safe ground. One more pitch of pleasant climbing on the right side and it was time to head back to N. Conway for more food and rest.

Getting a climb in on the last day is always somewhat problematic with the

pressure of getting to the airport in time always at the back of the mind. The solution that Ted decided on was get up early, climb and then pack up later. So off we drove to Standard with Bill lining up the second pitch as his first major ice lead. Despite being passed by a truck with climbers just before the car park, our tactic of being ready to exit the car with harnesses already on worked well and we were the first 2 parties on Standard. Ted and Bill were aiming for the "normal" route so while Ted led up to the cave in the center I stayed a little to the right, and with 2 sets of belay anchors in the cave we could stay completely out of each others way. The second pitch is the crux of the normal route but from the reports given by Bill and Ted it was quite wet which would have helped soften the ice a bit. Leaving the cave from the right, I moved from 0° ice to 90° ice with 2 placements, here I placed my first runner to protect the early moves and then moved over into the groove determining that the pillar itself could wait for another day, besides pushing the grade on the 4<sup>th</sup> day of the "season" seemed needlessly risky. After a few bulges I took a belay on a tree just before a short wall and brought Kurt up while congratulating Bill for cruising his first ice pitch. After the wall (~15-20ft) the climbing eased somewhat with just short bulges leading to the top, even so both Bill and I were not shy to put plenty of protection in on the way. As the rope did not quite make it Kurt also had the chance to lead a short pitch to finish the weekend.

As we walked out to go and get ready for the flight home it was somewhat amazing that the number of climbers at Frankenstein seemed virtually nil, with no one having even attempted Dracula all morning. Seems like dodging the ice festivals is a great idea, at least from the experience of this weekend.

Thanks to all my climbing partners for a good trip and great climbing.

Andy Britton

### Post Script 1

I think the icicle in the Flume picture did fall down - another good reason to belay from the top!

### Post Script 2

Congratulations to Alex Tait who, after having suffered a fall while soloing on 0° ice on the approach to Bubble gully across a lake in Maine on Saturday (Grade 0), successfully led Black Dike on Sunday (Grade 5).

## **CLIMBER'S CALENDAR**

### Weekly Events

#### **Wednesday(S)--Carderock, Maryland**

Beginning April 4th. Join other PATC-MS members as they do top-rope climbing after work. Ideal for beginners (although all beginners should contact the trip leader a head of time). Meet in the parking lot (or at the cliffs) around 5:30 p.m. until dark.

Meeting time: 5:30 p.m. Meeting place: Carderock parking lot or cliffs

Trip Leader: Mack Muir at mackmuir@edisaurus.com or (703) 768-5724.

#### **Friday(S)--Great Falls, Virginia**

The regular weekly outing to Great Falls has returned. For late arrivers, check the bulletin board for a note of where the group might be. Note: for experienced climbers only.

Meeting time: 5:00 p.m. Meeting place: Climbers Parking Lot, Great Falls, VA

Trip leader: Mack Muir mackmuir@edisaurus.com or (703) 768-5724

### Regular Trips

May 5th - 6th

#### **Seneca Rocks, West Virginia -- Work Trip (trail maintenance)**

- Trail Work Trip at Seneca Rocks West Virginia. Trail work to be done in the north slab area to provide better access to the north slabs. This may help with some of the waiting for climbs at other areas. The north slabs are currently under utilized to some degree because of the lack of proper trail definition.
- Also, the quarry above Roy Gap road will receive some attention in the form of a wood stair case, which will be drill set by a contractor. The contractor will need a few good workers to help drill holes in a flat rock area right under the quarry to take the bolts for the wood stair case. Free camping at the Seneca Shad-ows camp ground (site D is provided for trail workers.

Meeting place: \*am old parking lot near the foot bridge Trip leader: Bill Wright at William.wright@uspto.gov or (703) 860-3752

#### **May 12th (Saturday) --Cancelled\*\*\* Great Falls, Virginia -- Climbing Day**

May 26st - 28th

#### **Shawangunks, New York**

- Shawangunks is a multi-pitch lead climbing area. All participants must have had training or experience in leading or seconding trad routes. An exception can be made only if an experienced climber agrees to take a newbie under his/her wing and assume full responsibility for the new person's training and safety for the entire duration of the event. Experience in leading sport routes is insufficient to qualify for trad leading or seconding.
- There's not much more I can say beyond what's in the guide books. Basically, ratings are fair, and route descriptions reasonable. Most climbs are two or three pitches. Trapps is the recommended climbing area for first-timers. For additional information, see <<http://www.luncheononline.com/climbing/gunks/200105/index.html>>

Trip leader: Pete Grant at grantpk@msn.com or (703) 731-6925 (cell)

June 9th - 10th

#### **Shawangunks, New York**

- Shawangunks is a multi-pitch lead climbing area. All participants must have had training or experience in leading or seconding trad routes. An exception can be made only if an experienced climber agrees to take a newbie under his/her wing and assume full responsibility for the new person's training and safety for the entire duration of the event. Experience in leading sport routes is insufficient to qualify for trad leading or seconding.
- There's not much more I can say beyond what's in the guide books. Basically, ratings are fair, and route descriptions reasonable. Most climbs are two or three pitches. Trapps is the recommended climbing area for first-timers. For additional information, see <<http://www.luncheononline.com/climbing/gunks/200106/index.html>>

Trip leader: Pete Grant at grantpk@msn.com or (703) 731-6925 (cell)

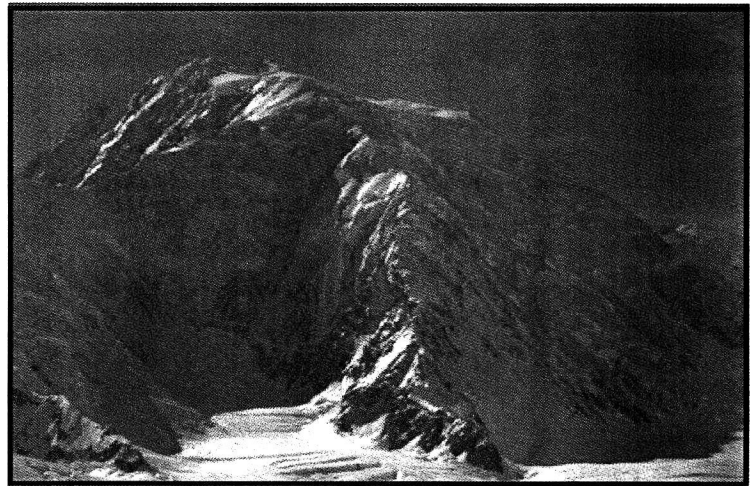
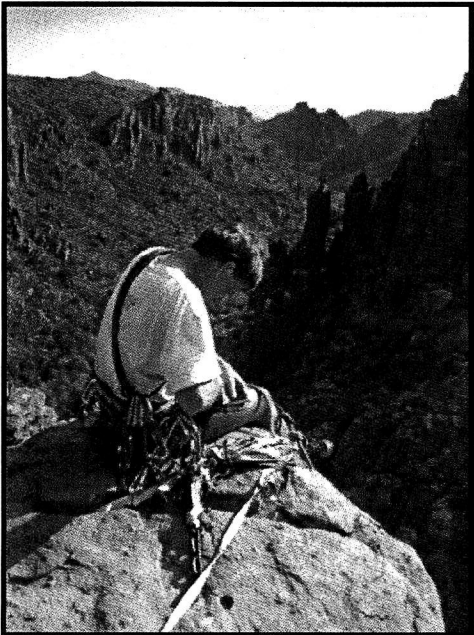
August 12th - 18th

#### **North Cascades, Washington**

Spend a week in the beautiful shadow of Forbidden Peak at Boston Basin. The peaks are moderate or easy and the altitude is low with only the fickle Cascade weather to temper spirits (plan on getting wet). Summit attempts can be made on easy peaks like Boston and Sahale or the more moderate Forbidden or Torment peaks via several interesting routes. Shark's Fin Tower can provide a diversion for technical rock climbers with routes as easy as 5.2 or as hard as you might want to make them (in mountaineering boots).

Minimum requirements: glacier travel experience and easy (5.0) rock experience. Contact trip leader for approval.

Trip Leader: Mack Muir at mackmuir@edisaurus.com or (703) 768-5724.



## **CLIMBING PHOTO CONTEST**

June's meeting will be the PATC inaugural photo contest, possibly with prizes( unlikely on this first go around) beyond the pride of winning!

There will be 5 categories:

- 1) East Coast Climbing
- 2) East Coast Scenic
- 3) Elsewhere Climbing
- 4) Elsewhere Scenic
- 5) Humorous

- One entry per category per member.
- Judging will be by the members during the meeting.
- Any format acceptable, slides or negatives (prints ok too but negatives are better) will be scanned and all printed at same high(?) standard on photo quality paper then displayed at the meeting around the room.
- Digital image files also acceptable --- Pete!!.

Please support since the more that enter the more enjoyable the evening will be for everyone. Send entries to me by 1 June 2001 in person or by post:

8012 Montour Heights Drive

Gainesville

VA20155

or email to Tallandyb@aol.com

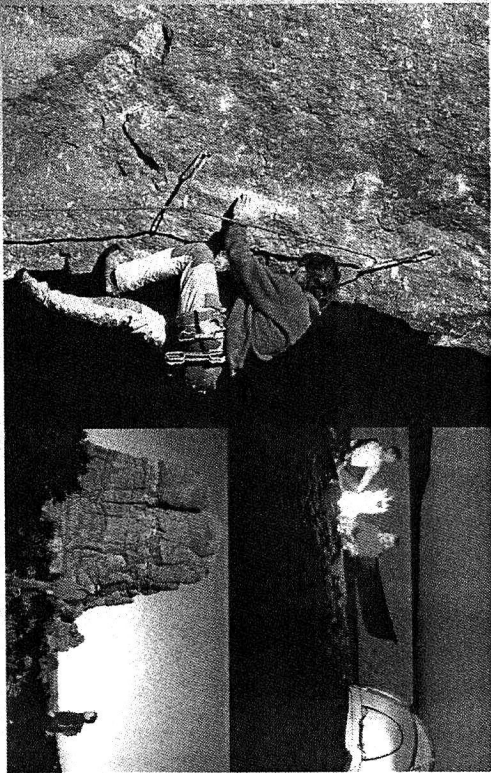


# GALYAN'S

IS ABOUT

# SPORTS

AND OUTDOOR ADVENTURE



## GALYAN'S

FAIRLAKES 12501 Fairlakes Circle Fairfax (703) 803.0300  
WASHINGTONIAN CENTER 2 Grand Corner Avenue Gaithersburg (301) 947.0200

Up Rope Editor  
Mountaineering Section  
Potomac Appalachian Trail Club  
118 Park Street, SE  
Vienna, Virginia 22180

