

What's New?

New Climber's Day was a huge success with a great turnout. Thank you to all our volunteers who made the event possible. Friends and Family day is coming up on the 28th - there are still lots of spots left if you want to get your friends into climbing. Who couldn't use more belay partners?!

The Potomac Appalachian Trail Club has asked us to update the Great Falls guidebook. If you would like to be involved in the guidebook update, email *(email removed)*

We have lots of really fun out of state events coming up this fall. Check out the list of events below and get out there! If you can help with an event, please contact Caroline.

Our webmaster has resurrected the club's instagram - follow us @potomacmountainclub!



Monthly Meeting Recap

The club had its first meeting at the Arc'teryx store in downtown DC. We had a short film screening and a social hour. Arc'teryx has kindly agreed to allow us to use the store in November for a presentation on local ice climbing on November 10th. Next month's meeting will be September 8th at the Carderock Pavilion. We will be doing a WFA review with a cookout.

Lady Trad Climbers

Women from the PATC have partnered with the Seneca Rocks Climbing School to create a PATC-MS Women's Seneca Experience for our female, people who identify as female, non-binary, and transgender club members. The 301 course focuses on learning the skills necessary to support a trad leader, while the 401 course focuses on leading, gear placement, and anchor building. The ladies have paired up in groups of twos and threes and will be going on skill building weekends throughout the summer and fall. Contact *(email removed)* if you are interested and she will get you in touch with Nicole Horvath, the lady running the show. Congratulations to all our amazing club ladies on their new skill building!

New Routes at Carderock?!

"I am reporting some new routes at Carderock (believe it or not!). Last week Ben Gero and I established 3 new routes. Tucked between biceps and the green bucket wall is a small buttress that seems to have been overlooked for the past 80 years. While more of Boulder problems 15-20 feet off the ground, al la green bucket, the routes have been climbed multiple times at this point and are deemed worthy. I'll be posting them on mountain project tonight. From the picture right to left the rope on the right is Camp Daze 5.3 this wandering choose your own adventure route is easier to climb the the outsides and more difficult going right up the gut. Start on big quartz holds 10 feet left of GB. The middle rote, rope on the left is Camp Permit, 5.5 climbs up a naked slab to the small ledge then through a sweet overhang up over the obvious quartz line and one of the cooled hand holds in all of Carderock. The last route "Can't Permit" is the left arete, 5.8. Start at the crack in the slab 10 feet right of biceps. Climb the arete. Somewhat contrived for best value left hand stays on the arete. Not sure how this little buttress (camp butt we called it lol) has been over looked as the climbs are short but all pretty decent and independent. Worth the effort on a busy day. First pic is the 5.8 second pic is the other two. They respectively follow the ropes"

-Tim Murphy





Upcoming Events

Click here to sign up for an event! See the website for details on each event.

Women's Monthly Meetup Wednesday August 25th, 4:30 PM Carderock Recreation Area, Billy Goat C trail head

Friends and Family Day Saturday August 28th, 9:00 AM Carderock Recreation Area, Billy Goat Trail C trail head

Carderock First Wednesdays -Top Rope Climbing Wednesday September 1st, 5:00 PM Carderock Recreation Area, Billy Goat C trail head

Harpers Ferry Sport/Trad Trip Saturday September 4th, 8:30 AM

September Meeting-WFA review & Climbing at Carderock Wednesday September 8th, 4:00 PM Carderock Recreation Area, Cilly Goat C trail head

Are you a new member?

Welcome to the club! Here are a few suggestions to help you stay connected to the group.

New Members Guide

Check out our <u>New Members Guide</u> to learn about what we do and how you can get involved.

Monthly Meetings

Join us at <u>Club Meetings</u> for a great opportunity to come and meet the members of the club and see what we do!

Carderock First Wednesdays

Everyone is welcome at Carderock Wednesdays, which usually kicks off around 4pm. Sign up through the Events Page.

Get involved on Social Media

The Listserv - The Google Groups Listserv his is how a majority of club members communicate. To join:

- 1. Go to PATC-MS Google Groups Page.
- 2. Log in to your Google account ("Sign in" button at top right corner)
- 3. Hit the button at the top of the page that says "Ask to join group". There is no approval process once you hit Ask to Join, you are in!

Facebook - Follow Potomac Mountain Club on Facebook or join the Potomac Mountain Club Facebook Group.



Up Rope Submissions

Trip Report Submissions: Please send all trip reports to <u>upropeeditor@gmail.com</u>. Please put in the subject line TRIP REPORT: Name. Please include the full first and last name of the writer and full names of as many club attendees as possible. If you have it, logistics information such as guide services, camp grounds, restaurants, etc. would be useful at the end of the story. Please list who is in each photo and who took it. There is no word limit for trip reports.

General Submissions: Submissions for climbing news, member of the month, and gear/book/gym reviews can be sent to <u>upropeeditor@gmail.com</u> at any time. Aim to keep them between 200-400 words.

All submissions will be edited for grammar and length when necessary.

COVID 19 Safety

Let's all make sure we're balancing caution with passion! Here are some resources to help protect ourselves and our community during these trying times. Here are some resources to help you stay informed.

- Check out the Access Fund's <u>Climbing During the Coronavirus Pandemic</u>.
- Learn about the CDC's Considerations for Events and Gatherings. (If you must gather, be safe!)
- Stay up to date with the CDC's <u>COVID-19: What's New & Updated</u> page.