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## What's New?

The club instagram has been resurrected - follow us at @potomacmountainclub

It was a brisk fall day when club members gathered for the first mountaineering meetup of the season. Dak Hardwick presented his ambitious training plan to the group, a mix of novice and veteran mountaineers. The plan includes multiple winter hikes and camping trips, culminating in a trip out West for a big objective sometime next year. Contact Dak at (*email removed*) if you're interested in getting involved. No prior experience is necessary to participate in the training plan, but professional training is a must if you want to join the group on the big summer trip.



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**Meeting Recap- Ice is Nice!**

The club partnered with the American Alpine Club to host our monthly meeting at the DC Arc'teryx store. Piotr Andrzejczak gave a presentation on everything ice climbing- tools, techniques, local ice climbing destinations, and where to find ice year round.

The AAC will be hosting a beginners ice climbing trip this winter -more details to come in our next newsletter. Stay tuned!

You can check out Piotr's bio here: <https://aacbackyard.org/washington-dc-section>

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## PATC History

Have you ever hiked the Appalachian trail in MD, VA, WVA or PA? Have you ever sat at one of the shelters for a lunch break or stayed in one during an overnight backpacking trip? Have you ever thought about how nice the trail is maintained while you slog up the trail with your pack to get to Annapolis Rocks? If you answered yes to any of these questions, then you have the volunteers of the Potomac Appalachian Trail Club (P-A-T-C) or (Pat-cee if you're a climber) to thank.

The Potomac Appalachian Trail Club was founded in 1927 to build a key section of the 2,190-mile section of the Appalachian Trail. PATC maintains 240 miles of the Appalachian Trail from the south end of Shenandoah National Park to Pine Grove Furnace, Pennsylvania, the entire 250-mile Tuscarora Trail, and 650 miles of other trails across Virginia, West Virginia, Maryland, Pennsylvania and Washington, DC. PATC owns, manages, and protects related lands. The Club also maintains 42 rental cabins, a hostel, and 45 trail shelters. More than 1,000 volunteers contribute over 90,000 work hours annually to carry out the Club's mission. PATC is headquartered in Vienna, VA with four regional chapters: Southern Shenandoah Valley, Charlottesville, North, and Blue Ridge and two special interest sections, the Mountaineering section (PATC-MS) and ski



touring.



If you aren't already a member of our parent organization add it to your list of things to do before the end of the year. For just \$40 a year you not only support the club in continuing their mission of protecting access to public lands in our region, but you also get access to amazing member only cabins, 20% off merchandise (guidebooks, maps, etc.) in the store and discounted workshops.

Learn more [www.patc.net](http://www.patc.net).

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## Upcoming Events

[Click here to sign up for an event!](#) See the website for details on each event

**PATC Holiday Party**



Sunday, December 12th, 6:00 PM - 8:00 PM  
Carderock Springs Club, Maryland

**Alpine Skills Weekend**

Thursday, January 12th, 2022, 11:00 AM  
to  
Monday, January 17th, 2022, 10:00 AM  
North Conway, New Hampshire

## Trip Report: Safe Harbor

Fun was had by all at Safe Harbor, PA on Saturday November 6<sup>th</sup> in the Chimney of Horrors section. The morning started frosty, and so the group stayed warm in a local coffee shop. The weather turned into a beautiful warm day, and fall colors were peaking along the Susquehanna River. We selected climbs for all abilities. Everyone got a chance to lead climb at their level from 5.4 to 5.10, and try harder ones on top rope. Lead climbs felt reasonably protected. Everyone squeezed up Chimney of Horrors (5.7+) and Crack-a-lackin' (5.8). Thank you to those who led climbs to set up ropes for the group. It was a great day, and I'm sure everyone is looking forward to coming back.

-Leila Desotelle and Kim Kovach













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## Are you a new member?

*Welcome to the club! Here are a few suggestions to help you stay connected to the group.*

### **New Members Guide**

Check out our [New Members Guide](#) to learn about what we do and how you can get involved.

### **Monthly Meetings**

Join us at [Club Meetings](#) for a great opportunity to come and meet the members of the club and see what we do!

### **Carderock First Wednesdays**

Everyone is welcome at Carderock Wednesdays, which usually kicks off around 4pm. Sign up through the [Events Page](#).

### **Get involved on Social Media**

*The Listserv* - The Google Groups [Listserv](#) this is how a majority of club members communicate. To join:

1. Go to [PATC-MS Google Groups Page](#).
2. Log in to your Google account ("Sign in" button at top right corner)
3. Hit the button at the top of the page that says "Ask to join group". There is no approval process - once you hit Ask to Join, you are in!

*Facebook* - Follow [Potomac Mountain Club](#) on Facebook or join the [Potomac Mountain Club Facebook Group](#).

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## **2021 Club Officials**

### **Chair**

Rick Dotson

[chair@patcms.org](mailto:chair@patcms.org)

### **Vice Chair**

Caroline Mosher

[vicechair@patcms.org](mailto:vicechair@patcms.org)

### **Up Rope Editor**

Jenna Schueler

[upropeeditor@gmail.com](mailto:upropeeditor@gmail.com)

### **Secretary**

Adam Nicholson

[secretary@patcms.org](mailto:secretary@patcms.org)

### **Treasurer**

Andy Bernat

[treasurer@patcms.org](mailto:treasurer@patcms.org)



## **Up Rope History**

Did you know

### ***Up Rope Newsletter***

has been around  
since 1944?

Check out past issues  
on our

[Archives Page!](#)

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## Up Rope Submissions

**Trip Report Submissions:** Please send all trip reports to [upropeeditor@gmail.com](mailto:upropeeditor@gmail.com). Please put in the subject line TRIP REPORT: Name. Please include the full first and last name of the writer and full names of as many club attendees as possible. If you have it, logistics information such as guide services, camp grounds, restaurants, etc. would be useful at the end of the story. Please list who is in each photo and who took it. There is no word limit for trip reports.

**General Submissions:** Submissions for climbing news, member of the month, and gear/book/gym reviews can be sent to [upropeeditor@gmail.com](mailto:upropeeditor@gmail.com) at any time. Aim to keep them between 200-400 words.

*All submissions will be edited for grammar and length when necessary.*

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## COVID 19 Safety

Let's all make sure we're balancing caution with passion! Here are some resources to help protect ourselves and our community during these trying times. Here are some resources to help you stay informed.

- Check out the Access Fund's [Climbing During the Coronavirus Pandemic](#).
- Learn about the CDC's [Considerations for Events and Gatherings](#). (If you must gather, be safe!)
- Stay up to date with the CDC's [COVID-19: What's New & Updated](#) page.