



June 28, 2022

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## What's New?

Kudos to PATC-MS and especially volunteers [Antonio Gutierrez Zepeda](#) and [Marc Grunberg](#) for the "Gym to Crag" event in collaboration with [¡Escala DC!](#) over the weekend. This event introduced Spanish-speaking gym climbers to outdoor top rope climbing on real rock at Sugarloaf Mountain. We discussed natural anchors, etiquette, "leave no trace", and necessary gear for climbing outside. It's wonderful to have organizations like PATC-MS celebrating linguistic and cultural diversity in climbing. And, everyone had a great time - well done to all!



## Meeting Recap - Gear Locker

On June 8th we had a virtual meeting to discuss the member benefit of PATC's Gear Locker- including what gear we have in stock and how to check out gear.

Check out our website page on the Gear Locker to learn more!

<https://potomacmountainclub.org/member-benefits/gear-locker/>

Next months meeting will be July 15th @ Sportrock for a happy hour climb. Starts at 5 PM, hope to see you many of you there!

## Trail Maintenance Workshop Sept 17th & 18th, 2022

For more than 30 years PATC's trail crew and the Shenandoah National Park staff have conducted a trail maintenance workshop in the north district of the park.

The objective is to teach basic skills to new and prospective trail maintainers and provide experience trail maintainers advanced training in trail design, construction, and maintenance.

Workshop participants typically camp for a weekend at Matthews Arm Campground in SNP and have free entry to the park and campground.

The cost for the workshop is \$35. This could be a great opportunity for those of you who want to give back and help maintain the many local trails that provide access to our climbing areas.

For more information, or to get a registration form, contact David Nebhut via e-mail: *(email removed)* or by phone: 571-465-1041. Registration is complete when the fee is received. Participation in the Workshop is available only to PATC members age 18 and above, and registration in advance is required.

## Upcoming Events

[Click here to sign up for an event!](#) See the website for details on each event

### **4th of July at the Gunks**

July 3 @ 8:00 am - July 5 @ 5:00 pm

The Gunks, Gardiner, NY

### **Carderock First Wednesday**

July 6 @ 4:00 pm - 7:00 pm

Carderock Recreation Area Billy Goat Trail C - North Parking Lot, Carderock, MD

### **Old Rag Trad/Top Roping Trip**

July 9 @ 6:00 am - 5:00 pm

Old Rag Mountain, Robertson, VA

**Great Falls Top Roping Trip**

July 9 @ 8:00 am - 5:00 pm

Great Falls National Park 9194 Old Dominion Dr, McLean, VA

**Monthly Meeting- Vertical Happy Hour @ Sportrock**

July 15 @ 5:00 pm - 8:00 pm

Sportrock Alexandria 5308 Eisenhower Ave, Alexandria, VA

**Annapolis Rocks Top Roping/ Trad Trip**

July 16 @ 8:00 am - 5:00 pm

Annapolis Rocks 11174 Baltimore National Pike, Myersville, MD

**Sugarloaf Toproping and Trad Event**

July 30 @ 8:00 am - 3:00 pm

Sugarloaf Mountain Sugar Loaf Mt Dr, Dickerson, MD

**Womens Trad Practice Event**

July 30 @ 8:00 am - 4:00 pm

Annapolis Rocks 11174 Baltimore National Pike, Myersville, MD

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## Are you a new member?

*Welcome to the club! Here are a few suggestions to help you stay connected to the group.*

### **New Members Guide**

Check out our [New Members Guide](#) to learn about what we do and how you can get involved.

### **Monthly Meetings**

Join us at [Club Meetings](#) for a great opportunity to come and meet the members of the club and see what we do!

### **Carderock First Wednesdays**

Everyone is welcome at Carderock Wednesdays, which usually kicks off around 4pm. Sign up through the [Events Page](#).

### Get involved on Social Media

The Listserv - The Google Groups [Listserv](#) is how a majority of club members communicate. To join:

1. Go to [Potomac Mountain Club Google Group](#)
2. Log in to your Google account ("Sign in" button at top right corner)
3. Hit the button at the top of the page that says "Ask to join group". There is no approval process - once you hit Ask to Join, you are in!

Follow [Potomac Mountain Club](#) on Facebook and [Instagram](#) or join the [Potomac Mountain Club Facebook Group](#).

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## 2022 Club Officials

### Co-Chairs

Nicole Horvath & Caroline Mosher  
[chair@patcms.org](mailto:chair@patcms.org)

### Vice Chair

Jay Bishop  
[vicechair@patcms.org](mailto:vicechair@patcms.org)

### Secretary

Marc Grunberg  
[secretary@patcms.org](mailto:secretary@patcms.org)

### Treasurer

Andy Bernat  
[treasurer@patcms.org](mailto:treasurer@patcms.org)



## Up Rope History

Did you know  
*Up Rope Newsletter*  
has been around  
since 1944?

Check out past issues  
on our  
[Archives Page!](#)

**Up Rope Editor**  
Jenna Schueler  
[upropeeditor@gmail.com](mailto:upropeeditor@gmail.com)

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## Up Rope Submissions

**Trip Report Submissions:** Please send all trip reports to [upropeeditor@gmail.com](mailto:upropeeditor@gmail.com). Please put in the subject line TRIP REPORT: Name. Please include the full first and last name of the writer and full names of as many club attendees as possible. If you have it, logistics information such as guide services, camp grounds, restaurants, etc. would be useful at the end of the story. Please list who is in each photo and who took it. There is no word limit for trip reports.

**General Submissions:** Submissions for climbing news, member of the month, and gear/book/gym reviews can be sent to [upropeeditor@gmail.com](mailto:upropeeditor@gmail.com) at any time. Aim to keep them between 200-400 words.

*All submissions will be edited for grammar and length when necessary.*

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## COVID 19 Safety

Let's all make sure we're balancing caution with passion! Here are some resources to help protect ourselves and our community during these trying times. Here are some resources to help you stay informed.

- Check out the Access Fund's [Climbing During the Coronavirus Pandemic](#).
- Learn about the CDC's [Considerations for Events and Gatherings](#).
- Stay up to date with the CDC's [COVID-19: What's New & Updated](#) page.