



April 26th, 2023

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What's New?

Spring Mentorship Program

We are excited to announce the Spring 2023 Mentorship Program. The program is an opportunity for PATC members to learn about or improve their skills in certain top rope, bouldering, or trad climbing topics from fellow PATC members who are dedicating their time to share their experiences and expertise. The following groups will be offered:

- Top rope anchors
- Technique and movement for bouldering
- Intro to trad (following and fundamentals)
- Intermediate trad (taking the leap from following to leading single pitch)

The mentorship will take place over 3-4 sessions between May - July. Participants will need to be available during those sessions. Please note our members are not vetted or certified in any way. Participate at your own risk!

If you are interested in learning more about the mentorship program and/or applying, click on this link: <https://forms.gle/yNbdCwTYyTbp3VJM6> . Deadline to apply is **April 27 at 11:59 pm**. So far, we have received many more applications than we have spaces available. Unfortunately, not everyone will be accepted to the program.

Reach out to Haley at haleybehre@gmail.com if you have any questions. Thank you to all who have volunteered to be mentors!

Seneca Rocks VFD Fundraiser

Many of you have heard about the [fire at Seneca Rocks](#). The fire is out and Seneca Rocks has been reopened. Caroline is personally collecting donations to send to the Seneca Rocks Volunteer Fire Department, who worked tirelessly to put out the flames. If you would like to contribute, you can send a check to the owner of the Gendarme or send the money to Caroline to make a check out to the fire department. Caroline is on Venmo (Caroline-Mosher) and Apple Pay (her cell #). Checks to the Seneca Rocks VFD can be mailed to P.O. Box 217 Seneca rocks WV 26884. Thank you to those who have already contributed!

Monthly Meetings

For our April meeting the club met up for our first Carderock day of 2023! Members took over the crag in the beautiful 70 degree weather. A rappelling clinic was held towards the end of the evening. Once the sun began to set, members headed to the local favorite spot, Fish Taco in Cabin John.



Join us for our next club meeting on May 10th, which will follow the same format!

Did You Know?

By Kate Hughes, for the John Christian Resource Center (JCRC)

Did you know...that the first ascent of one of the world's fourteen 8,000-meter peaks was accomplished by a PATC-MS member?

Together with Pete Schoening of Seattle, Andy Kauffman (1920-2002) climbed Pakistan's Gasherbrum I, also known as Hidden Peak in July, 1958. At 26, 470 feet it is the only mountain of more than 8,000 meters where the first ascent was made by a U.S. team.

Considered to be one of the leading climbers of his generation, Kauffman climbed extensively in Alaska, the Canadian Rockies, the Selkirks, the Coast Range, and the Andes during the 1940s and 1950s, participating in expeditions that achieved several first ascents. A member of the Foreign Service from 1943-1966, he served various posts around the world including Ankara, Turkey; Paris, France; Calcutta, India; and Tegucigalpa, Honduras.

When at his home base in Washington, Kauffman frequently joined PATC-MS club members at Carderock and Seneca Rocks. At Seneca his name is attached to two routes: "Kauffman-Cardon (with Phil Cardon and Joan Ascher Cardon, 1954) and Kauffman's Rib (with party including Phil Cardon, 1955). Kaufmann's then wife Betty was also a climber and served as PATC-MS treasurer in 1958.

After his retirement, Kauffman served as vice-president of both the Himalayan Club and the American Alpine Club, and continued to attend PATC-MS events, including the club's Mountain Film Festivals, held in 1989-1991.

To learn more about Andy Kauffman see his obituary in AAC Journal:

<http://publications.americanalpineclub.org/articles/12200347800/Andrew-John-Kauffman-II-19202002>

Trip Report: Buzzard Rocks

By: Rick Hall

Buzzard Rocks trip on 4/8/23 - If you like long slabby runout routes, you will like Buzzard Rocks. Eleven members of the club attended the climb at Buzzard Rock on Saturday and everyone had a great time. The weather started out cold but the 2 mile hike in warmed everyone up and the weather turned out really

nice. We climbed lots of slabby moderates from the 5.4 trad route Three Amigos to the 5.9 Pulp Friction. We also climbed favorites Failure to Communicate and Melungian Brotherhood. Some people got a chance to place some trad gear or sling trees on the long runout routes. One member of our group got his first outdoor sport lead. After the long hike back we all went out to the Mexican restaurant Rancho Nuevo in Front Royal for fajitas, tacos and margaritas. Awesome



day!

Upcoming Events

[Click here to sign up for an event!](#) See the website for details on each event

Mountaineering Training as a Lifestyle: How to Train for Big Peaks in Your Own Back Yard

May 2 @ 8:00 pm - 9:00 pm

Google Meet (meet.google.com/rrg-gasi-vsi)

Carderock Open Climb

May 3 @ 4:30 pm - 7:00 pm

Carderock Recreation Area Billy Goat Trail C - North Parking Lot, Carderock, MD, United States

Cinco de Mayo

May 5 @ 8:00 am - May 7 @ 5:00 pm
Seneca Shadows Monongahela National Forest, Riverton, WV, United States

AAC-DC & PATC-MS Women's Vertical Happy Hour at Movement Crystal City

May 5 @ 5:30 pm - 9:00 pm
Movement Crystal City 1235 S Clark St, Arlington, VA, United States

Monthly Meeting

May 10 @ 4:00 pm - 7:00 pm
Carderock Recreation Area Billy Goat Trail C - North Parking Lot, Carderock, MD, United States

Smokehole Canyon Sport Climbing Trip

June 9 @ 1:00 pm - June 11 @ 5:00 pm
Smokehole Canyon

Are you a new member?

Welcome to the club! Here are a few suggestions to help you stay connected to the group.

New Members Guide

Check out our [New Members Guide](#) to learn about what we do and how you can get involved.

Monthly Meetings

Join us at [Club Meetings](#) for a great opportunity to come and meet the members of the club and see what we do!

Carderock Open Climbs

Everyone is welcome at Carderock Wednesdays, which usually kicks off around 4pm. A link to signup through Eventbrite is available through the [Events Page](#).

Stay connected

Don't have social media? Join our google group! To join:

1. Go to the [Potomac Mountain Club Google Group](#) page.

2. Sign into your google account. If you don't have a google account, you can still join but you'll have to associate your email address with a google account first.
3. Hit the button at the top of the page that says "Ask to join group". One of our members will approve your request within a week.
4. Having difficulties? Follow the troubleshooting steps [here](#).

2023 Club Officials

Co-Chairs

Dak Hardwick & Caroline Mosher

chair@patcms.org

Vice Chair

Haley Behere

vicechair@patcms.org

Secretary

Marc Grunberg

secretary@patcms.org

Treasurer

Andy Bernat

treasurer@patcms.org



Up Rope History

Did you know

Up Rope Newsletter

has been around
since 1944?

Check out past issues
on our

[Archives Page!](#)

Up Rope Editor

Jenna Schueler

upropeeditor@gmail.com

Up Rope Submissions

Trip Report Submissions: Please send all trip reports to upropeeditor@gmail.com. Please put in the subject line TRIP REPORT: Name. Please include the full first and last name of the writer and full names of as many club attendees as possible. If you have it, logistics information such as guide services, camp grounds, restaurants, etc. would be useful at the end of the story. Please list who is in each photo and who took it. There is no word limit for trip reports.

General Submissions: Submissions for climbing news, member of the month, and gear/book/gym reviews can be sent to upropeeditor@gmail.com at any time. Aim to keep them between 200-400 words.

All submissions will be edited for grammar and length when necessary.

COVID 19 Safety

Let's all make sure we're balancing caution with passion! Here are some resources to help protect ourselves and our community during these trying times. Here are some resources to help you stay informed.

- Learn about the CDC's [Considerations for Events and Gatherings](#).
- Stay up to date with the CDC's [COVID-19: What's New & Updated](#) page.