



June 27th, 2023

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What's New?

Grant Applications

We are extending the application period **until July 10th**. Grant submissions must be sent to the Vice Chair, Haley Behere (vicechair@patcms.org).

*Please pay attention to the course and eligibility requirements before applying. **Grant money will be awarded only once you have supported two trips or clinics for the club.***

- Jeanette Helfrich [Women's Leadership Grant](#) eligible courses
 - Lead climbing
 - TR anchors
 - Rock or ice climbing
 - Self-rescue
- [Professional Outdoor Skills Grant](#) eligible courses
 - American Institute for Avalanche Research and Education (AIARE) Level 1 course
 - Avalanche Rescue Course
 - Any American Mountain Guide Association (AMGA) guide program course
 - Single Pitch Instructor (SPI) course or exam
 - Wilderness First Aid course
 - Wilderness First Responder (WFR) course or exam
- [Expedition Grant](#)
 - Requirement - give a club presentation on your cool trip when you get back. That's all.

- Eligible trips - the requirements are rather specific for this grant, please read the application carefully before submitting your grant.

Contact Haley if you have questions about the grants or the grant process.

Monthly Meetings

We did not have a monthly meeting for the month of June.

Our July monthly meeting will be a members only climb at Carderock on July 5th. See you there!

Did You Know?

By: Tony Sanders and Jeanette Helfrich

Did you know... that before the Mountaineering Section got involved, there were no film festivals in the DC-area celebrating mountain culture?

Back in 1987, the Summer Up Rope reported that “Ken [Andrasko] and Madeline Carter are investigating the possibilities of a Mountain Film Festival.” That exploration became a reality in 1988, when the Mountaineering Section produced the first of four annual Mountain Film Festivals.

That inaugural event was on February 18, 1988. It was a sell-out at the old 280-seat Biograph Theatre on M Street in Georgetown—along with standing room only tickets.

The second festival was held March 16, 1989, at the Cineplex Odeon Embassy theater in Dupont Circle, a 550-seat venue. The third festival was held on March 15, 1990. The fourth festival was a huge success—at least in terms of popularity and audience—and held March 24, 1991 at Lisner Auditorium at the George Washington University, over two days with many more films.

Although the festival lost thousands of dollars that year, it’s clear that the Mountaineering Section had blazed the trail and proved there was a real audience for mountain culture in D.C.

It wasn’t until 1995 that the Banff Centre made its first-ever, annual stop in Washington to show its “Best of Banff” film festival. That was also the first year that National Geographic opened up its auditorium as the venue for the film festival.

Climbing Knots

When it comes to tying knots as a climber, accuracy is the difference between life and death. As we enter the heart of outdoor climbing season, it never hurts to freshen up on those 'perishable' skills, like knot tying. A quick refresher can make the difference between safety and a fatal mistake.

Here is a great resource if your are looking to practice:

<https://www.rei.com/learn/expert-advice/climbing-knots.html>

The club is also holding a natural anchors clinic on July 13th. This event is currently full but keep an eye out for the waitlist and other opportunities in the fall.

Stay safe out there!

Upcoming Events

[Click here to sign up for an event!](#) See the website for details on each event

July 5 @ 4:00 pm - 7:00 pm

Carderock First Wednesday - Members only

Carderock Billy Goat Trail C - North Parking Lot, Potomac, Maryland, United States

July 8 @ 8:00 am - 3:30 pm

Wolf Rock Top Roping Trip

Wolf Rock 39°38'25.4"N 77°26'44.4"W, MD, United States

July 8 @ 8:30 am - 5:00 pm

Sugarloaf Mountain Trad/TR trip

Sugarloaf Mountain Sugar Loaf Mt Dr, Dickerson, MD, United States

July 9 @ 8:00 am - 3:30 pm

Sugarloaf Mountain Trad/TR trip

Sugarloaf Mountain Sugar Loaf Mt Dr, Dickerson, MD, United States

July 13 @ 4:00 pm - 6:00 pm

Natural Top Rope Anchors Clinic

Carderock Billy Goat Trail C - North Parking Lot, Potomac, Maryland, United States

July 15 @ 8:00 am - 3:30 pm

Wolf Rock Top Roping Trip

Wolf Rock 39°38'25.4"N 77°26'44.4"W, MD, United States

July 15 @ 8:00 am - 5:00 pm

Annapolis Rocks Trad/TR trip

Annapolis Rocks 11174 Baltimore National Pike, Myersville, MD, United States

July 23

Little Stoney Man Top Roping/Trad Trip

Centerville Park and Ride 14700 Lee Hwy, Centerville, VA, United States

July 30 @ 8:00 am - 5:00 pm

Old Rag Trad/TR trip

Old Rag 4875 Weakley Hollow Rd, Syria, VA

Are you a new member?

Welcome to the club! Here are a few suggestions to help you stay connected to the group.

New Members Guide

Check out our [New Members Guide](#) to learn about what we do and how you can get involved.

Monthly Meetings

Join us at [Club Meetings](#) for a great opportunity to come and meet the members of the club and see what we do!

Carderock Open Climbs

Everyone is welcome at Carderock Wednesdays, which usually kicks off around 4pm. A link to signup through Eventbrite is available through the [Events Page](#).

Stay connected

Don't have social media? Join our google group! To join:

1. Go to the [Potomac Mountain Club Google Group](#) page.
2. Sign into your google account. If you don't have a google account, you can still join but you'll have to associate your email address with a google account first.

3. Hit the button at the top of the page that says “Ask to join group”. One of our members will approve your request within a week.
4. Having difficulties? Follow the troubleshooting steps [here](#).

2023 Club Officials

Co-Chairs

Dak Hardwick & Caroline Mosher
chair@patcms.org

Vice Chair

Haley Behere
vicechair@patcms.org

Secretary

Marc Grunberg
secretary@patcms.org

Treasurer

Andy Bernat
treasurer@patcms.org



Up Rope History

Did you know
Up Rope Newsletter
has been around
since 1944?

Check out past issues
on our
[Archives Page!](#)

Up Rope Editor
Jenna Schueler
upropeeditor@gmail.com

Up Rope Submissions

Trip Report Submissions: Please send all trip reports to upropeeditor@gmail.com. Please put in the subject line TRIP REPORT: Name. Please include the full first and last name of the writer and full names of as many club attendees as possible. If you have it, logistics information such as guide services, camp grounds, restaurants, etc. would be useful at the end of the story. Please list who is in each photo and who took it. There is no word limit for trip reports.

General Submissions: Submissions for climbing news, member of the month, and gear/book/gym reviews can be sent to upropeeditor@gmail.com at any time. Aim to keep them between 200-400 words.

All submissions will be edited for grammar and length when necessary.

COVID 19 Safety

Let's all make sure we're balancing caution with passion! Here are some resources to help protect ourselves and our community during these trying times. Here are some resources to help you stay informed.

- Learn about the CDC's [Considerations for Events and Gatherings](#).
- Stay up to date with the CDC's [COVID-19: What's New & Updated](#) page.